

The Chautauquan Daily

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‘A Unique Musical Language’



SEAN SMITH / STAFF PHOTOGRAPHER

Students from the Music School Festival Orchestra and Chautauqua Opera Conservatory rehearse for *The Cunning Little Vixen* Sunday in Elizabeth S. Lenna Hall. The students will present the opera at 8:15 p.m. tonight in the Amphitheater.

Opera Conservatory, MSFO collaborate to bring ‘Cunning Little Vixen’ to Amp stage

MEGAN BROWN
STAFF WRITER

Chautauqua Opera Conservatory Director Marlena Malas and stage director John Giampietro originally planned to stage Leoš Janáček’s *The Cunning Little Vixen* during the 2020 season, but shelved the production because of the COVID-19 pandemic and the virtual season ahead of them and their students. But at 8:15 p.m. tonight on the Amphitheater stage, the Opera Conservatory and the Music School Festival Orchestra finally get to collaborate on this beloved opera.

The Cunning Little Vixen tells the story of a female fox cub, also called a vixen, that is taken from her woods by a forester who ties her up in his backyard. When she gets older, she

escapes. It explores the interactions between the animal and human worlds.

While the lyrics are originally in Czech, the Opera Conservatory decided to perform the English translation, which will mark this the first English opera the conservatory will present in the Amp.

Giampietro and the Opera Conservatory students started rehearsing after the Week Four close of Mozart’s *Don Giovanni*, around just two weeks ago.

“That’s just a huge challenge, making sure that, in a very compressed period of time, that we’re still telling the story, that

the students are still getting an experience of developing character and developing their own self in the roles,” Giampietro said.

Bass-baritone Henry Griffin first saw *The Cunning Little Vixen* when he was in high school and visited the Manhattan School of Music. It cemented his decision to attend the school.

Griffin was cast to play the role of the Forester, but tested positive for COVID-19. As of Saturday afternoon, Giampietro said he and the cast were finding creative solutions to fill the role.

See **VIXEN**, Page 4

‘Post’ columnist McArdle to open week with discussion of economic, cultural impacts of home ownership

CASSIDEY KAVATHAS
STAFF WRITER

Megan McArdle has written about a wide variety of topics – including the economy, finance and government policy – throughout her 20-year career, but she continually returns to the idea of the home.

“We really wanted to start the week with both a foundational understanding of the state of home ownership in the United States, but also hear perspective on both the economic and cultural factors influencing home ownership,” said Matt Ewalt, vice president and Emily and



MCARDLE

Richard Smucker Chair for Education. “This has been among the many other is-

sues that McArdle explores as a columnist; this particular topic of home ownership is one that she’s often returned to.”

At 10:45 a.m. today in the Amphitheater, McArdle opens Week Seven’s theme, “More than Shelter: Redefining the American Home,” with her expertise as a journalist, columnist, blogger and, perhaps not least of all, a homeowner.

McArdle began her career in 2001 writing for her blog “Live From The WTC,” which in 2022 she renamed “Asymmetrical Information.”

See **MCARDLE**, Page 4

Cardiologist Jauhar to analyze ties between emotional, physical heart

KAITLYN FINCHLER
STAFF WRITER

Someone can actually have a broken heart. It’s called broken heart syndrome, and it’s a temporary heart condition often brought on by stressful situations and extreme emotions. Sandeep Jauhar, cardiologist and contributing opinion writer for *The New York Times*, works to help people understand that emotional heart health can affect physical heart health.

He will give his lecture, titled “The Emotional Heart,” at 2 p.m. today in the Hall of Philosophy to open Week Seven of the Interfaith Lecture Series “Home: A Place for Human Thriving.”



JAUHAR

Jauhar’s work focuses on what he calls the emotional heart, a term conceived by ancient philosophers as a description of emotions, cour-

age and love. It stems from symbolic and metaphorical origins 300 to 400 years old, and is where the emotional heart intersects with the biological, physical heart.

“For most of history, the heart was considered to be this mysterious object that represented the soul,” Jauhar said. “My talk is about how that ancient conception still has relevance to our modern-day understanding of the heart.”

His ideas are put forth in his book, *Heart: A History*, in which he explores all aspects of the heart and uses these different ideas to tie the physiological and metaphorical hearts together.

See **JAUHAR**, Page 4

IN TODAY’S DAILY



A HOPE & A DREAM

All-female quintet Seraph Brass joins Chautauqua Guest Artist Chamber Series with program of classical, modern music.

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‘WE MUST LIFT OUR HEADS’

Hord Owens calls on congregation to dig to imagine, understand what limitless can look like.

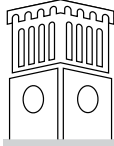
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HOW WINTERS CAN REPLENISH

May, closing week on ‘Fertile Soul Time,’ shares how ritual practices help us appreciate darkest times.

Page 7



TODAY’S
WEATHER



H 82° L 66°
Rain: 76%
Sunset: 8:27 p.m.

TUESDAY



H 73° L 58°
Rain: 68%
Sunrise: 6:18 a.m. Sunset: 8:26 p.m.

WEDNESDAY



H 78° L 59°
Rain: 19%
Sunrise: 6:19 a.m. Sunset: 8:25 p.m.

Missed a story in the *Daily* this summer? Find it on our website using the search bar at the top of any page.

www.chqdaily.com

MUSIC

Seraph Brass to share classical, modern music

MEGAN BROWN
STAFF WRITER

Lauded brass ensemble Seraph Brass entered the classical music scene in 2014, created from the hopes of the trumpeter and founder of the group, Mary Elizabeth Bowden.

“I recently found a notebook from 2006 where I was brainstorming a dream to start – not only a brass quintet – but a brass quintet composed of all women,” Bowden said.

Since its beginning in 2014, the ensemble released its 2018 debut album *Asteria*, which received the Silver Medal Global Music Award, and in 2019, the group was awarded the American Prize in Chamber Music Performance.

Seraph Brass has toured across the United States and Europe and comes to Chautauqua to play for the Chautauqua Chamber Music Guest Artist Series at 4 p.m. today in Elizabeth S. Lenna Hall. Mask are required for this event.

During the ensemble's 2016-2017 season, it toured across the Midwestern United States, playing a total of 60 concerts.

“We were driving in a van for many hours a day,” Bowden said. “We just had so much fun, because there’s so many parts of the country that you can see via car rather than just flying everywhere.”

While the ensemble loves performing classical music, travel is also a beloved component of the group’s time.

“Everybody really loves traveling and exploring new places, and so those passions tied together work really well with performing,” Bowden said, “and also being able to live more of a nomadic life, and being able to explore new places and communities around the world.”

The group is passion-



SERAPH BRASS

“

I recently found a notebook from 2006 where I was brainstorming a dream to start — not only a brass quintet — but a brass quintet composed of all women.”

—ELIZABETH BOWDEN

Founder,
Seraph Brass

ate about elevating classical women composers and musicians. For *Asteria*, the ensemble commissioned a couple pieces from female musicians, and it’s continuing that process with a new piece by Jennifer Jolley, which will premiere March 2023.

“We keep commissioning

new things. We’re a part of a lot of consortiums for other pieces that other groups launch, and so we’re always supporting new composers and finding new ways of creating new pieces for the brass quintet repertoire,” Bowden said.

One of Bowden’s favorite pieces Seraph Brass commissioned is “*Asteria*” by Catherine McMichael, which the group will play during today’s concert.

“The middle movement is called *Virgo*, and we perform it as a stand-alone piece now,” Bowden said. “It’s so beautiful.”

She described this afternoon’s program as hav-

ing variety, which allows the group to play everything from its classical favorites, like Giuseppe Verdi’s “*Sempre Libera*” from *La Traviata* and Franz Liszt’s Hungarian Rhapsody No. 2, to new music, like Anthony DiLorenzo’s “*Go*,” the program’s finale.

Seraph Brass just finished a summer retreat where the members practiced together for six hours a day. Part of this rehearsal consisted of the complex memorization of “*Go*,” which has a different meter for every bar.

“It will be our first performance (of ‘*Go*’) by memory, which will add that extra layer of excitement, as well,” Bowden said.



BRIEFLY

NEWS FROM THE GROUNDS

Informal Critiques

After the Tuesday Poetry Brown Bag in the Literary Arts Center at Alumni Hall, writers are welcome to bring one page of their writing for feedback. The feedback sessions will be in the Poetry Room on the second floor of Alumni Hall. A published writer will guide the session. Bring 10 copies of the writing sample to share.

Children’s Story Time

All children and their families are invited to Story Time at 10:45 a.m. Tuesday on Bestor Plaza. This event is presented by Smith Memorial Library.

Art of Investing

Dennis Galucki will lead a free community discussion on investing from 4 to 4:50 p.m. today in the Heritage Meeting Room of Smith Memorial Library. Space is limited and available on a first-come, first-seated basis.

CLSC Class of 2023 Formation Meeting

Participate in a CLSC Class of 2023 Formation Meeting at 9 a.m. Tuesday in-person at the Literary Arts Center at Alumni Hall or via Zoom (invitations will be emailed). For more information about CLSC Recognition Week deadlines or related meetings and events, please visit www.chq.org/clsc or inquire at clsc@chq.org.

CLSC Bryant Day Celebration

Join us for the Bryant Day celebration at 11:30 a.m. Saturday, Aug. 20, at the Miller Bell Tower, where we’ll announce the first Chautauqua Literary and Scientific Circle selections for 2023 and ring in the new reading year.

Chautauqua Women’s Softball League news

Chautauqua Women’s Softball League invites you to watch the Belles play the Grilled Cheesellers at 5 p.m. Tuesday at Sharpe Field. If you are interested in playing in the game, please come down. Extra mitts are available. Contact carriezachry@gmail.com for more information.

Chautauqua Music Group

Come one, come all at 5 p.m. on Mondays to our easy-breezy, wondrous, Chautauqua Music Group on Bestor Plaza, closest to Clark Brick Walk. Bring your friends and family, instruments, voices, a chair and any music you love. We had a diverse, joyous group last summer, including a hammer dulcimer, guitars, violins, ukuleles, a saxophone and more. Please join us for this totally enjoyable, spontaneous musical delight. Feel free to call Sue Fallon with questions or ideas, anytime from late morning on at 917-771-1166.

Bird, Tree and Garden Club news

At 6:30 p.m. tonight starting at Heinz Beach, there will be a Lake Talk with members of the Chautauqua Watershed Conservancy.

Conroe, Moore to Appear on ‘Chautauqua People’

Jane Conroe will appear at 1 p.m. and 7 p.m. to discuss the Chautauqua-Conewango Consortium. Neal Moore will appear at 1:30 p.m. and 7:30 p.m. to discuss his 7,600-mile journey from Oregon to New York City, 7,000 miles of which he paddled through waterways – including Chautauqua Lake. Both were interviewed by producer John Viehe. These episodes of “Chautauqua People” can be viewed daily until Friday on Access Chautauqua, cable channel 1301. After airing they can be seen on the station’s website, accesschautauquacountytv.org.

Chautauqua Women’s Club news

Mah Jongg will be played from 2:30 to 5 p.m. today at the Chautauqua Women’s Club House. Remember to pre-order your Friday Night Takeout Dinner at chautauqua-womensclub.org. Sanctioned Duplicate Bridge from 12:45 to 4 p.m. Tuesday at the CWC House. \$10 to all players.

Climate Change Initiative lecture

At 3:30 p.m. today in Smith Wilkes Hall, Chautauqua Climate Change Initiative Director Mark Wenzler moderates a discussion on “Taking Shelter and Building Community: Redefining Home in a Climate Action World.” The program features William W. Braham, professor of architecture at the University of Pennsylvania; Martha Bohm, associate dean for academic affairs at the University of Buffalo; and Ryan A. McPherson, chief sustainability officer at the University of Buffalo.

School of Music news

At 10 a.m. today in Fletcher Music Hall, Dominic Armstrong leads a public masterclass for the Opera Conservatory. Masks are required for this event.

Corrections

In the African American Heritage Corner column in the Aug. 3 edition of *The Chautauquan Daily*, the president who invited Booker T. Washington to the White House was misidentified. President Theodore Roosevelt extended the invitation, making Washington the first Black man invited to a White House dinner.

The *Daily* apologizes for this error.

Chautauqua Institution Annual Corporation August 13, 2022

The annual meeting of the members of the Chautauqua Corporation will be held Saturday, August 13, 2022, beginning at 10:00 a.m., at the Hall of Philosophy, Chautauqua Institution, Chautauqua, New York. At that time, the Corporation will review the Institution’s financial statements and elect an individual to serve as a Class B Trustee on the Board of Trustees pursuant to the Institution’s by-laws. Chautauqua Institution’s audited financial statements may be found at <https://chq.org/about/board-of-trustees/>.

2022 Class B Trustee Nominees: Sara Ponkow Falvo and James R. Zuegel

Nominee Statements will be posted early this week at: <https://chq.org/about/board-of-trustees>

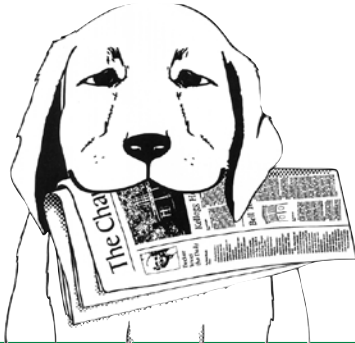
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- All staff and patients must wear a mask.
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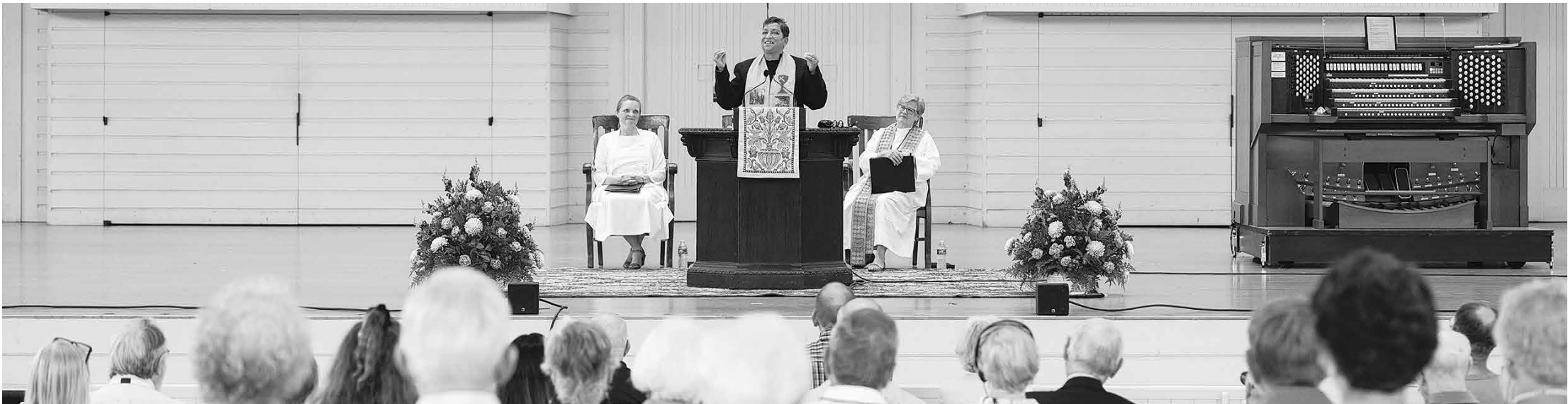
Monday at the CINEMA Monday, August 8

ELVIS - 3:30 (PG-13, 159m)
Director **Baz Luhrmann**’s scintillating biopic “isn’t just a rein-vigoration of the Elvis myth, it’s a resurrection of the King himself. Left the building? Not if Baz Luhrmann has anything to say about it.” -*Katie Walsh, Tribune News Service*

THE REVOLUTION GENERATION - 7:00 (NR, 80m)
Documentary Series - FREE ADMISSION with CHQ Gate Pass!! Directed by **Josh Tickell** and **Rebecca Harrell Tickell** (*Fuel, Kiss The Ground*) and featuring **Michelle Rodriguez**, this film is an exploration of the world-changing activism and potential of the largest youth generation in history.

THE RESCUE - 9:15 (PG, 107m) Shining a light on the high-risk world of cave diving, **Elizabeth Chai Vasarhelyi** and **Jimmy Chin** the team behind *Free Solo*, chronicle the against-all-odds rescue of twelve boys and their coach from deep inside a flooded cave in Northern Thailand. “Deserves to be experienced on the big screen.” -*Tomris Laffly, Variety*

RELIGION



DAVE MUNCH / PHOTO EDITOR

General Minister and President of the Christian Church (Disciples of Christ) in the United States and Canada, the Rev. Teresa Hord Owens, preaches Sunday in the Amphitheater.

Dig inside your imagination to understand what limitless looks like

“Everything we believe must begin with what we believe about God,” said the Rev. Teresa “Terri” Hord Owens at the 10:45 a.m. ecumenical service of worship and sermon Sunday in the Amphitheater.

Hord Owens is the general minister and president of the Christian Church (Disciples of Christ) and is visiting Chautauqua for the first time this week.

She opened her sermon with a reflection on the origin of her beliefs about God, and shared that those things she learned as a child in Baptist Sunday school – the “omni-words” – continue to shape her beliefs. She shared that a theology that considers God’s omniscience, omnipresence and omnipotence will value the power and presence of God, and offer hope.

“There is no limit to who God is. There is no limit to what God can do,” Hord Owens said. “... Regardless of your faith, whoever you call the Holy, however you understand the Holy, if you don’t believe your Holy is bigger than you or anything that you could think or imagine, you might want to find another Holy.”

This theme, focused on the greatness of God, continued throughout Hord Owens’ sermon, titled “I Thought You Knew,” which drew from her interpretation of Isaiah 40. She noted that the second half of the book of Isaiah reflects the way in which the people of Israel struggled with uncertainty, despite the promises of God, wondering “Why are we not yet the people that God said we would be?”

The reminder of the prophet Isaiah is, however, as Hord Owens shared, that God has already revealed God’s self, and that our present task is similar to that of the people of Israel, holding the tension between the world as it is and what we know about God. God’s wonderful and powerful nature was the focus of Hord Owen’s sermon, and she emphasized the importance of recognizing that scale and scope for both Isaiah’s audience and for us today.

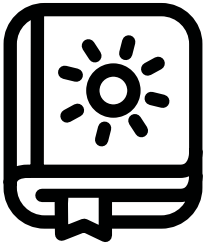
Digging in verse by verse, Hord Owens described the way in which God sits above the earth and stretches out the heavens like a curtain, as Isaiah 40:22 says. She asked the congregation to imagine Indiana, where she grew up, with the ability to see for miles to the horizon, with nothing but earth touching the sky. She used this imagery to contextualize how big God must be.

Continuing with the exegetical invitation to expand imagination, Hord Owens considered Isaiah 40:28, which says, “The Lord is the everlasting God. The creator of the ends of the earth. God doesn’t grow tired or weary. God’s understanding is beyond human reach.”

Given the endurance and enormity of God, she exhorted the congregation toward a hope-filled response, inviting all to action beyond the current moment.

She cited Psalm 3:3: “We must lift our heads.”

Hord Owens acknowledged the difficulty of keeping our chins up. She recognized the suffering of the past two-and-a-half years, with over a million deaths caused by COVID-19 and the disruption in many areas of life – including the transition for faith communities to digital worship and now hybrid forms of gathering. She said her ministry as general minister and president of the Christian Church (Disciples of Christ) was disrupted, with the cancellation of the 2021 General Assembly gathering, as well as the celebration that follows being able to gather again, as experienced here at Chautauqua this



MORNING WORSHIP

GUEST COLUMN BY MELISSA SPAS

season. She shared her anticipation of the next meeting of the Disciples’ General Assembly, which was rescheduled for summer 2023 in Louisville, Kentucky.

Similarly, Hord Owens acknowledged other grief and suffering, from the estrangement of families and plight of the working poor, to the threats of climate change that manifest in natural disasters. The recognition of these human failings leads to wrestling with the understanding of a powerful and loving God.

She asked the congregation to consider how the church fails when “we are more concerned about the institutions that we call the church than we are about the mission and the gospel of Jesus Christ in the world.”

There is power in lament, and Hord Owens pointed toward the place of that in Scripture, saying that it is part of the human condition to complain. She described how, in Scripture, being tired, weary or discouraged isn’t the end when confidence is placed in God.

“We have to name that we believe in God, to remind ourselves of what God has said,” Hord Owens said.

She described spiritual practices that nurture engagement with the Holy. She named prayer, the study of Scripture, including wrestling with the difficulty of the texts, and she suggested that these practices contribute to the development of deep roots of the spiritual life.

Hord Owens quoted from Howard Thurman’s book *Meditations of the Heart*, and reflected on her own experience of knowing about God – “Thou art with me.”



DAVE MUNCH / PHOTO EDITOR

Hord Owens’ opening sermon, drawing on Isaiah 40, was titled “I Thought You Knew.”

In moments of quiet beauty and awe-inspiring grandeur, she concluded her sermon with the comfort and hope found in knowing that her God knows no limits, and she asked those in the congregation to consider what they say about who God is.

The Rev. Natalie Hanson, interim senior pastor for Chautauqua, presided. Amy Gardner, vice president of advancement and campaign director, read the Scripture. The prelude, *Toccata in C Major, BWV 564*, by Bach, was played by Nicholas Stigall, organ scholar. The Chautauqua Choir sang “Thy Perfect Love,” by John Rutter, under the direction of Joshua Stafford, director of sacred music and Jared Jacobsen Chair for the Organist, and accompanied by Stigall. The offertory anthem, sung by the Chautauqua Choir under the direction of Stafford and accompanied by Stigall, was “Jesu, the Very Thought of Thee,” arranged by Paul Halley. For the postlude, Stafford played “Final,” from *Symphony No. 1*, by Louis Vierne. Support for this week’s services is provided by the Geraldine M. and Frank E. McElree, Jr. Chaplaincy Fund and the Robert D. Campbell Memorial Chaplaincy. Mary Lee Talbot will return as the morning worship columnist in the coming days.



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Week 7: August 8 - August 12

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FROM PAGE ONE

VIXEN
FROM PAGE 1

A novelty of the opera is that some of the singers play the parts of animals, while others are humans. Griffin said at one point, the character of the Forester scratches behind the ears of the Dog, who is played by mezzo-soprano Anna Maria Vacca.

“It explores this interplay between humans and animals,” he said.

The way the Forester interacts with the natural world is controversial, evidenced by his taking of the vixen. Griffin feels that this is an integral aspect of the character to be unpacked.

“I believe I have a connection to the natural world,” Griffin said, “but there’s also a sense, in the Forester’s thinking, that there’s this innate superiority over the natural world, which of course, I personally believe to be wrong.”

When working with the students playing animals, Giampietro explained the approach to acting does not change.

“You don’t approach acting differently if you’re doing a human or an animal,” he said. “You’re still (asking), ‘What am I doing in this scene? What is my objective? Who am I in a relationship with in this scene?’”

Giampietro’s method of keeping the acting approach the same between animals and humans mimics the message Janáček tells in the opera.

“The thing that unifies all of it – and is the core idea of the production – is this idea (of) the paths that we take through life and where we are on that path of life,” he said. “Animals have their specific path in life, or humans have our specific path

“

He has a unique musical language. No one else sounds like him, and this score is a masterpiece. There just isn’t a single note out of place or anything extraneous. It’s really beautifully conceived and crafted.”

—TIMOTHY MUFFITT
Artistic Director,
Music School Festival Orchestra

in life. Sometimes those paths cross, but it’s our own, and we walk it.”

This is far from the first time the MSFO and Opera Conservatory have crossed paths. When they first teamed up to produce an opera together, it did not look like what it does now.

“What started out as short, one-act operas that were part of an existing orchestra program have now evolved into full-blown opera productions,” said Timothy

Muffitt, the School of Music’s artistic director and MSFO conductor. “It’s just been so exciting and a great experience for our instrumentalists to work in collaboration with singers so closely.”

Muffitt believes Janáček’s music has a strong interconnection of vocals and instruments.

“They almost play an equal role, in a way, where sometimes in operas, the orchestra is just providing a foundation and the singer

er sings over the top. This is a very closely integrated score,” he said.

When the two are so intertwined, there cannot be a misstep in the music and, in Muffitt’s opinion, Janáček does not miss.

“He has a unique musical language. No one else sounds like him, and this score is a masterpiece,” Muffitt said. “There just isn’t a single note out of place or anything extraneous. It’s really beautifully

conceived and crafted.”

Giampietro echoed a deep appreciation for Janáček’s score and is excited to share it with Chautauquans.

“I imagine for a lot of people, (this) may be their first encounter with Janáček, who is my spirit opera composer, and it will be the first time for them to hear this absolutely ravishing score,” he said. “It’s profound and utterly moving, and our students sing it so beautifully.”

MCARDLE
FROM PAGE 1

McArdle has written for *The Economist*, *The Atlantic*, *Newsweek/The Daily Beast* and *Bloomberg’s* opinion section, before joining *The Washington Post’s* opinion staff in 2018. McArdle’s lecture will act as an introduction point for the rest of the week’s presentations.

“With the number of other issues we want to explore during the week with this larger concept of the American home, it’s important for us to first really understand – both from an economic and cultural perspective – our relationship with them with home ownership,” Ewalt said. “From

this, we can further explore plenty of other issues, ranging from eviction to poverty to the way in which the United States serves as a sanctuary for those who have been exiled from their home country.”

McArdle has written about home ownership and the logistics behind it for decades. In 2010, two years after the start of the 2008 recession, McArdle shared her journey and thought process behind purchasing a home in the Washington D.C. area in a piece for *The Atlantic* titled “Why Buy a House?”

In the article, McArdle listed and explained her and her husband’s reasons for choosing home ownership over renting. To begin,

McArdle wrote that when owning a home, one has the option to try to pay the mortgage off early.

Specific to McArdle’s search, interest rates were low and the housing market was in a post tax-credit doldrum. For her and her husband, owning a home in the D.C. area was more sustainable than renting, and purchasing a home came down to stabilizing their housing costs to fit their budget.

Nearly a decade later, McArdle published another piece on her experience with home ownership.

In a 2018 column for *The Washington Post*, McArdle wrote about her home’s renovation and her decision to renovate instead of move.

In a piece titled “What Rising Interest Rates Mean for Homeowners, Buyers and Renters,” McArdle

looked at problems with the housing market and the broader economy due to both rising mortgage rates and an increasing median time spent owning a home.

The housing market shrunk, which affected American labor mobility, as more Americans chose to stay instead of move, leading to possible fiscal and monetary crises, she wrote.

In June 2022, McArdle detailed similarities between the current market and the 1970s in an opinion piece titled “A Generation of Homeowners Encounters a Strange New Market,” as mortgage rates surged for the first time in more than three decades.

With this piece, she stressed again the significance of declining homeowner mobility and how that leads to complications

“

With the number of other issues we want to explore during the week with this larger concept of the American home, it’s important for us to first really understand – both from an economic and cultural perspective – our relationship with them with home ownership.”

—MATT EWALT
Vice President, Emily and Richard Smucker Chair for Education,
Chautauqua Institution

for homeowners, employers and policy makers.

McArdle’s work has analyzed cross-generational conversations on homes, which she will discuss at Chautauqua. In her lecture, titled “Homebound,” she

will specifically touch on how “people across generations ask questions of one another in terms of having to prioritize home ownership, and how they think about the larger notion of home,” Ewalt said.

JAUHAR
FROM PAGE 1

The book tells the lesser-known stories of doctors who risked their careers, and patients who risked their lives, to learn and heal the heart.

Emotions are thought to either be contained or not contained within the heart, but affect it nonetheless. Jauhar said he’s going to

argue that the emotional heart and the metaphorical heart “intersect in mysterious ways.”

He said this is relevant due to the “stressed-out” world where people are anxious, depressed and have what he calls “negative affectivity,” which can have deteriorating effects on the heart.

“I would argue the things we do to maintain heart health – exercise, eat right,

have low cholesterol, low blood pressure – all of those things are important,” Jauhar said. “We’re missing a very important piece, which is our psychological health and how it affects our heart health.”

There’s no one-size-fits-all scenario when it comes to heart health. Jauhar said everyone has different coping mechanisms for dealing with stress.

For example, his son lifts

weights, his daughter runs, his wife does yoga and his father meditates.

“All of those are equally valid ways of dealing with psychological distress,” Jauhar said. “The most important thing is acknowledging that this is a thing and we need to devise solutions that are personal.”

He wants his audience to understand that emotions affect the heart and how to deal with it.

“Our emotions affect our hearts in very deep and mysterious ways,” Jauhar said. “We need to be cognizant of that to achieve optimal health and longevity.”

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9:15am-10:15am
In the Hurlbut
Sanctuary at
15 Pratt - or
on ZOOM*

~ August 3 ~

Terry McGowan

The Dark Skies Movement

~ August 10 ~

Lawrence Schmetterer

Aching Legs and Minimally Invasive Solutions

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To keep informed about all of our science events this season please check our website - chautauquascience.com

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» ON THE GROUNDS

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COMMUNITY



DAVE MUNCH / PHOTO EDITOR

From left, Chautauqua Opera Company Young Artists Eric Botto, tenor, Nicola Santoro, soprano, Jake Skipworth, baritone, and guest artist Daniel Gross, baritone, perform Psalm 23 from Chichester Psalms during the second annual Richard Moschel Memorial Concert Sunday at the Everett Jewish Life Center in Chautauqua.

Everett Jewish Life Center’s Week 7 programming features humanitarian Allen

Jon Allen joins the Everett Jewish Life Center in Chautauqua for its Week Seven programming. At 3:30 p.m. today at the Everett Jewish Life Center in Chautauqua, Allen gives a lecture, “Is the Two State Solution Dead?” After a brief overview of the history of the conflict between Palestinians and Israelis, the lecture will explore the different narratives, asymmetry of power between the two peoples, current political obstacles that have prompted an increased focus on one state and other solutions to the conflict. The presentation will also explain why the alternatives would mean the end of Israel as a Jewish and Democratic state and will conclude with an analysis of what is needed to bring the two sides back


to the negotiating table. Allen continues his explorations with a Brown Bag at 12:30 p.m. Tuesday in the EJLCC with “Balancing Values and Interests in Foreign Policy: A Canadian Perspective.” The presentation will examine a number of recent cases, including the murder of Jamal Khashoggi, the arrest of the CFO of Huawei, the threatened annexation of the West Bank, and COVID-19 vaccine nationalism, to explore how one country, Canada, and its citizens, tackle the classic conundrum of foreign policy interests versus values. Allen, a Winnipeg native, joined the then Department of External Affairs in 1981. Allen spent his early career in the Legal Bureau, representing Can-

ada in Canada-U.S. Free Trade Agreement disputes. He also worked in human rights, humanitarian aid and environmental law. Allen has also held the positions of director general of the North America Bureau, minister of political affairs and assistant deputy minister to North and South America at the Canadian Embassy in Washington. In his position as deputy minister, he managed the relations between Canada and, respectively, North America, Latin America and the Caribbean. As an ambassador, Allen served as Canada’s ambassador to Israel, ambassador to Spain and Andorra. He was Chargé d’affaires ad interim to the Holy See from December 2012 to July 2014. Now, Allen is a distinguished fellow

of the Canada International Council at Glendon School of Public and International Affairs through York University and a senior fellow at the Munk School of Global Affairs and Public Policy at the University of Toronto. He is serving as the chair of Project Rozana Canada, a not-for-profit organization which works to build bridges between Palestinians and Israelis via the health sector. Allen is

also a member of the board of Transparency International Canada. At 3:30 p.m. Wednesday at the EJLCC, the Jewish Film Series continues with “Valiant Hearts.” It tells the true story of exceptional bravery during World War II, starring acclaimed French actress Camille Cottin, who portrays Rose, a museum conservator and member of the resistance. The film recounts the odyssey of six Jewish

children in August 1942 who are forced to take refuge, aided by Rose, where no one would ever think to look for them: amid the Louvre Museum artworks stolen and hidden by Nazi officers in the Chateau de Chambord. Despite tragic loss and terrifying events, the children find friendship, laughter and courage in an inspiring film which combines suspense, adventure and emotion into a family friendly story.



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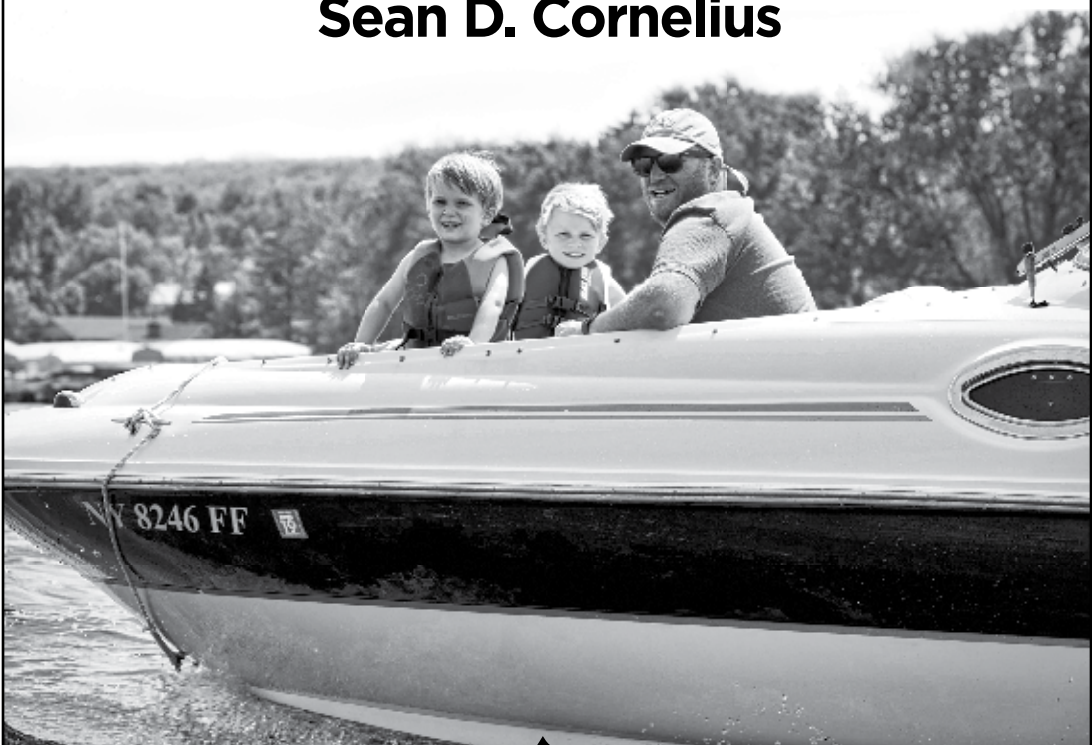
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By THOMAS JOSEPH

ACROSS

1 Out of style

6 Root spot

10 Light-footed

11 West Indies native

13 Copy

14 Make amends

15 Salt Lake City player

16 Hockey great Bobby

18 Tennis need

19 Vehicle in a procession

22 Last letter, in London

23 Spur on

24 Decrees

27 Less fettered

28 Writer Rice

29 Garden visitor

30 Item of extreme inclusion

35 Summer in Paris

36 Strange

37 Opposite of oui

38 Remove suds from

40 Gladden

42 More reasonable

43 Zellweger of “Chicago”

44 Statutes

45 Future flowers

DOWN

1 Block

2 Heartburn

3 Oven feature

4 New Haven student

5 Solves a crypto-gram

6 Muffler’s kin

7 Cereal bit

8 Magnetite, for one

9 Ancestry

12 Improved

17 Carmine

20 Early Mexican

21 Entices

24 Frauds

25 Mono-gram part

26 Reception aid

27 Car parts

29 Sleep spot

31 Garden-ers, at times

32 Plain silly

33 Renowned

34 Dandling spots

39 Use a needle

41 Director Ang

Saturday’s answer

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L’s, X for the two O’s, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

8-8

Martin Fund provides for entire roster of Week 7 Interfaith Lectures Series in Hall of Philosophy

The Eileen and Warren Martin Lectureship Fund for Emerging Studies in Bible and Theology supports this week’s Interfaith Lectures by Sandeep Jauhar, Kelly Corrigan, Dave Isay, Alia J. Bilal and Jillian Hanesworth at 2 p.m. each day in the Hall of Philosophy.

Warren Martin established this permanent endowment fund in 2007 to enhance lectures sponsored by the Department of Religion on topics of emerging and/or cutting-edge studies in Bible and theology, with the goal of encouraging a new understanding of previous scholarship.

Inspiration from the lectures of many theologians, such as Marcus Borg and John Dominic Crossan, ignited the Martins’ interest in creating an annual lectureship to support progressive thought in the field of religion.

Although Eileen McCann Martin died in 2005, Warren’s gift, like every other aspect of his life, was made in tandem with the lively girl he met in the seventh grade in Sharpsville, Pennsylvania. After becoming the first high school graduate on either side of his family, Warren held a brief stint as a house painter and a clerk in the steel construction department at Westinghouse. He completed three years’ college work in 15 months by graduating from Washington & Jefferson College in the class of 1943, beginning seminary studies that same year at Western Theological Seminary, an antecedent of Pittsburgh Theological Seminary.

Following graduation, Warren served the Presbyterian Church for 38 years, pastoring local congregations in Butler County, Reynolds-ville, Apollo and Beaver, all in Pennsylvania, and working for 10 years in the development office of the seminary. Warren died in 2017.

Eileen, in the meantime, stayed at home until the youngest of their four children started school, and then earned her bachelor’s in education. She taught third- and fourth-graders for 21 years. The couple retired in 1983, and the years that followed allowed for travel, volunteering, hobbies and Chautauqua.

Wadsworth Lectureship underwrites McArdle’s talk

The John M. Wadsworth Lectureship on Free Market and Libertarian Principles provides support for the lecture by Megan McArdle at 10:45 a.m. today in the Amphitheater.

John M. Wadsworth, a prominent Buffalo, New York, psychiatrist, passed away in 2014. Upon his death, through gifts from his estate and contributions from his family, the John M. Wadsworth Lectureship on Free Market and Libertarian Principles was established.

Beginning in 1983, John spent his summers enjoying all that Chautauqua offers and immersing himself in this community with his wife, Linda, who passed away in 2018. With an avid love for travel, tennis and the performing arts, the couple was happy to make Chautauqua one of their recurrent destinations.

The Wadsworths, who for many years held property off the grounds, had been longtime supporters of the Chautauqua Opera Company, with John having served on the board of the Chautauqua Opera Guild. John was also deeply involved in the Buffalo community, having served on the boards of several institutions, including the Child and Adolescent Clinic, People Inc. and the Greater Buffalo Opera Company. He was the chair of the local Libertarian party, a reflection of his long-held views of government incursion on the rights of individuals.

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Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

1 8 2 7

4 3 7 9 5

7 4 1 8

9 5 7 8

6 5 2 7 8

9 4 3 1 3

Difficulty Level ★ 8/08

9 6 4 3 2 7 1 8 5

3 1 5 8 4 9 7 2 6

2 8 7 6 5 1 3 4 9

7 5 1 9 8 3 4 6 2

8 4 2 1 6 5 9 3 7

6 3 9 2 7 4 5 1 8

4 9 6 7 3 2 8 5 1

5 7 8 4 1 6 2 9 3

1 2 3 5 9 8 6 7 4

Difficulty Level ★★★★★ 8/06

RELIGION



JOELEEN HUBBARD / STAFF PHOTOGRAPHER

International best-selling author of the book *Wintering: The Power of Rest and Retreat in Difficult Times* Katherine May discusses the importance of creating a sense of community in dark times in her lecture, titled “Baking Bread in the Dark: Why Our Winters Replenish Us,” Friday in the Hall of Philosophy. May’s presentation closed Week Six of the Interfaith Lecture Series: “Embracing the Dark: Fertile Soul Time.”

May speaks on engaging ritual practices to appreciate darkest of times

ALYSSA BUMP
STAFF WRITER

On a hot, humid August afternoon, Katherine May reminded Chautauquans that a frigid winter is quickly approaching – not just the season, but phases of isolating darkness that are always making their way to the forefront. And humans have no choice but to bear it.

The internationally best-selling author of *Wintering: The Power of Rest and Retreat in Difficult Times*, May closed Week Six’s Interfaith Lecture Series theme of “Embracing the Dark: Fertile Soul Time” on Friday in the Hall of Philosophy. She gave a lecture titled “Baking Bread in the Dark: Why Our Winters Replenish Us,” highlighting the importance of rest.

“By the time summer is at its height, the days are already shortening,” May said. “It sometimes feels as though summer slips away before we’ve begun to get the hang of it.”

Several cultures and religions have celebrations throughout the summer, including Lammas and feast days in August, among others. These holidays during the summer signify a celebration of Earth’s natural cycles.

But May believes people can grow their understanding of all seasons so they can treasure the darkness of the winter as much as the warmth of the summer.

“(A better understanding of these cycles) rejects the bland indictment that we must be happy at all times and nothing else, and which instead sees the value of the full spectrum of human emotion, sadness and despair included,” she said.

To illustrate this idea, May began to explain the process of baking a Lammas loaf. The hard dough is made with a dash of butter and kneaded far beyond when one’s hands would

begin to feel the toughness of the bread.

The baker weaves the dough into an intricate design, and May said the product is glorious and almost too beautiful to eat. Her point was not about the delectable bread, but rather what it represents.

“A Lammas loaf is the work of hours. ... It’s slow, involved and skilled,” May said. “It’s not a casual endeavor. It’s a process demanding the whole of your attention. ... It is effortlessly embedded with meaning.”

Referring to the baking of bread as a ritual, May said this process can provide one with clarity and a renewed sense of meaning. It gives the baker the opportunity to slow down and be truly present with the rising of the dough.

“Maybe we (would) have some big questions to ask of the world,” May said. “Maybe we (would) have some concerns. Maybe we’ve been avoiding slowing down for a long time, because we fear what thoughts might well up in that lull. Making bread would invite them in.”

Rituals from myriad cultures and historical periods have long provided humans with purpose and reminded them to take a break, she said.

“We need the pauses that ritual gives us. So much of contemporary life is about the denial of personal darkness,” May said. “We’re supposed to be always upbeat, always available, always bursting with energy and optimism. There’s simply no time for negative feelings. ... Ritual invites those things in.”

Baking bread, chanting, singing, dancing, drumming and other practices allow one to tune into the cycles of life and release tension. Engaging in these rituals encourages people

to appreciate even the darkest and most difficult parts of the process.

“(Ritual) might draw attention to cyclical time, to the way that things come around again and again,” May said. “That helps us to think about change, about how far we’ve come, about what we’ve lost.”

When May was in the midst of a dark time, she partook in the ritual of baking bagels to occupy both her hands and her mind. But the toughness of the dough broke her mixer, and the dough refused to rise. She still attempted to bake the “sad specimens,” but they exited the oven as if they were two-weeks stale. She realized the yeast she had used was at least five years out of date.

“This is how winters arrive,” May said. “It seems like they swooped down on us suddenly, but often in the empty space they open up in our lives. We can trace back their lineage through years of slow unraveling.”

These disasters, May said, are not the fault of one’s unraveling; they are rather a natural part of the cycle. However, they often show when one has not been tending to their needs.

“We live in a system that never quite seems to find balance,” she said. “... Our own requirements – social, emotional, psychological, spiritual – get perpetually deferred in a life in which everything seems urgent all the time.”

While people try to manage their needs through strict regimens and work schedules, leisure and activity, true balance never seems to present itself.

Pushing away from the fear of failure and thoughts of not being good enough, people add to their load of responsibilities, hoping one day, their perfection will come to fruition.

“Still, it all comes crashing down around our ears, and we find ourselves sitting

in the wreckage completely baffled at how this could have happened,” May said. “We tried so hard to get it right.”

May said the process of wintering is painful and isolating, and described it as a time of great helplessness.

“Wintering is a process of change, and quite often, that change is negative,” she said. “... (But) wintering might be seen as a process of reckoning with the new facts before us.”

May finds the time of wintering as a beautiful season of realization. It allows people to feel the full spectrum of their feelings, if they allow them in.

May spoke on the process of writing *Wintering*, published in fall of 2020, sharing that the final draft of her book was due that previous March. May began trying to write the summer prior, but she found herself in the midst of writer’s block, in a season too hot to write about winter. She planned to begin writing in September instead.

But that fall, May began to deal with crisis after crisis, and her plan began to crumble.

“I tried to stick to the plan I had outlined in my book proposal, but that just seemed absurd,” May said. “What on Earth did I know about wintering if I couldn’t avoid all this? It was a joke to think that anyone would listen to me.”

Rather than writing the draft of her book, she detailed the helplessness she felt in journals, which was the opposite of what *Wintering* was supposed to be. The original plan of the book meant to offer comfort, not show despair.

“Christmas passed and my manuscript stubbornly remained the same length it had when I wrote the proposal a whole year before,” May said. “With nine

“

If we become permeable, we not only expand our wisdom, but we also merge a little more with the other humanities around us. Wintering is always a communal experience. If we let it, it deepens our compassion and wisdom, and draws us a little closer to that beautiful community of all of us across all time.”

—KATHERINE MAY
Author,
Wintering: The Power of Rest and Retreat in Difficult Times

weeks left until I was due to submit my book, something broke in me. I had to write something, so it might as well be my own story.”

Although May thought this draft was terrible, this story allowed the reader to walk alongside her struggles.

“The work we do in darkness is different,” May said. “... It’s urgent, necessary, propelled forward by a different kind of energy. ... What pulls out of us in moments of existential threat and suffering can feel external to us, as if handed down by another consciousness entirely. To me, that is evidence of the profound transmission that takes place in these seemingly empty and useless parts of our lives.”

Comparing these times of darkness and wintering as a caterpillar’s chrysalis phase of becoming a butterfly, May said the destruction of one’s old self can reveal a more beautiful and powerful existence.

“The caterpillar digests itself. It dissolves all its tissues until all that is left is liquid and some clusters of cells called imaginal discs, which is the seed for the next stage in its life,” May said.

We also must undergo transformations of this type in a different sense, May said. People must be open to growth, despite how painful and uncomfortable it can be.

“If we become permeable, we not only expand our wisdom, but we also merge a little more with the other humanities around us,” May said. “Wintering is always a communal experience. If we let it, it deepens our compassion and wisdom, and draws us a little closer to that beautiful community of all of us across all time.”

She touched on the poem “Dark Night of the Soul,” by St. John of the Cross, a 16th-century Spanish mystic and priest, and recognized Cross’ interpretation of the dark night as an ecstatic place.

“It seems to me that John captures the exact moment after the crisis,” May said. “The moment when we ... stop resisting the changes that are already being made (and) can ride in their slipstream instead.”

May is confident that humanity understands darkness better than they might think, no matter how much people may push it away. Humans have always faced darkness, she said, and they will continue to enter dizzying spirals of darkness and light.

“Winter is (not) easy or terrible, but it is a fundamental part of our psyche,” May said. “(Wintering is) an element of a cycle that is, in itself, whole, in which promises to make us whole, too.”

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PROGRAM

<div>M</div> <div>MONDAY</div> <div>AUGUST 8</div>			(Programmed by the Chautauqua Tennis Center.) Email tennis@chq.org the day before to secure your spot. Chautauqua Tennis Center		
10:45 CHAUTAUQUA LECTURE SERIES. "Homebound." Megan McArdle, columnist, The Washington Post. Amphitheater and CHQ Assembly			3:30 Lecture. (Sponsored by the Everett Jewish Life Center.) "Is the Two State Solution Dead?" Jon Allen. Everett Jewish Life Center		
11:00 (11–5) Gallery Exhibitions Open. Strohl Art Center			3:30 Climate Change Initiative Lecture. "Taking Shelter and Building Community: Redefining Home in a Climate Action World." William W. Braham, Professor of Architecture, University of Pennsylvania. Martha Bohm, Associate Dean for Academic Affairs, University at Buffalo. Ryan A. McPherson, Chief Sustainability Officer, University at Buffalo. Moderated by Mark Wenzler, director, Chautauqua Climate Change Initiative, Chautauqua Institution. Smith Wilkes Hal		
12:15 Brown Bag Conversation. (Chautauqua Literary and Scientific Circle.) Evicted by Matthew Desmond. Presented by Bethanne Snodgrass and Steve Rozner. Literary Arts Center at Alumni Hall Porch			3:30 Cinema Film Screening. "Elvis." Fee. Chautauqua Cinema		
12:30 Play CHQ. Engineering Challenge. Bestor Plaza			3:30 Seminar. (Programmed by the Department of Religion.) "Courageous Conversations on Death and Dying." Shahid Aziz. Presbyterian House Chapel		
12:45 Guided Group Kayak Tour. Learn about Chautauqua Lake at a new guided kayak ecological tour along the Chautauqua shore. Fee. Sports Club			4:00 Chamber Music. Guest Artist Series. Seraph Brass. Masks required. Elizabeth S. Lenna Hall		
1:00 Stroke of the Day. Learn a new tennis stroke. Chautauqua Tennis Center			4:00 Art of Investing. Community finance discussion with Dennis Galucki. Smith Memorial Library		
1:00 Fire Extinguisher Training Class. (Programmed by the Chautauqua Volunteer Fire Department.) Fire Hall			4:15 Play CHQ. Storyboard Mobiles. Sheldon Hall of Education		
1:00 Docent Tours. Pioneer Hall			4:45 Mystic Heart Interspiritual Meditation. Leader: Subagh Singh Khalsa (Introduction to Meditation). Hurlbut Sanctuary		
1:15 Docent Tours. Literary Arts Center at Alumni Hall			5:00 (5–6) Kids Clinic. (Programmed by the Chautauqua Tennis Center.) Chautauqua Tennis Center		
1:15 English Lawn Bowling. Free Instruction followed by game. Fee. (Pay at Sports Club.) Bowling Green			6:00 Young Adult Program. Weekly Kick-Off. Heinz Beach		
2:00 INTERFAITH LECTURE SERIES. "The Emotional Heart." Sandeep Jauhar, author, Heart: A History. Hall of Philosophy and CHQ Assembly			6:30 Lake Talk. (Programmed by the Bird, Tree & Garden Club.) Chautauqua Watershed Conservancy. Heinz Beach		
2:00 Public Shuttle Tour of Grounds. Fee. (Purchase tickets at Main Gate Welcome Center. This tour is handicap accessible.) Leave from Main Gate Welcome Center			7:00 Family Entertainment Movie. "The Revolution Generation." (Complimentary access via gate pass. Reserve tickets in advance at chautauquacinema.com; patrons without reserved tickets will be admitted at door on first-come basis.) Chautauqua Cinema		
2:30 Mah Jongg. (Programmed by the Chautauqua Women's Club.) Memberships available at the door. CWC House			7:00 Palestine Park Tour. "A Journey Through the Holy Land in the Times of Jesus." Palestine Park		
2:30 (2:30–4:30) Afternoon Doubles.					
7:00 (7–11) Farmers Market			7:00 (7–7:30) Taizé and Tea. Meditative Worship. UCC Randell Chapel		
7:00 (7–9) "Dawn Patrol" Round Robin Doubles. (Programmed by the Chautauqua Tennis Center.) Chautauqua Tennis Center			8:15 MUSIC SCHOOL FESTIVAL ORCHESTRA WITH OPERA CONSERVATORY. "Janáček: The Cunning Little Vixen." Timothy Muffitt, conductor. Amphitheater		
7:45 Mystic Heart Interspiritual Meditation: Spiritual Practices of World Religions. Leaders: Muinuddin Charles Smith and Kainat-Felicia Norton (Sufi Meditation). Presbyterian House Chapel			9:15 Cinema Film Screening. "The Rescue." Fee. Chautauqua Cinema		
7:45 Episcopal Holy Eucharist. Episcopal Chapel of the Good Shepherd					
8:00 Daily Word Meditation. (Programmed by Unity of Chautauqua.) Hall of Missions					
8:45 Catholic Mass. Episcopal Chapel of the Good Shepherd					
8:55 (8:55–9) Chautauqua Prays For Peace Through Compassion. Hall of Missions Grove					
9:15 ECUMENICAL WORSHIP. "Start With Love." The Rev. Teresa Hord Owens, general minister and president, Christian Church (Disciples of Christ). Amphitheater and CHQ Assembly					
9:15 Jewish Discussions. (Programmed by the Zigdon Chabad Jewish House.) "Journey into the Zodiac." Esther Vilenkin. Zigdon Chabad Jewish House					
10:00 Masterclass. (Opera Conservatory.) Dominic Armstrong. Masks required. Fletcher Music Hall					
10:15 Service of Blessing and Healing. UCC Randell Chapel					
10:30 (10:30–12) Morning Doubles.					



Building on the Foundation

"The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favor."

Luke 4:18

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BOOK SALE

AUGUST 12th & 13th
Friday 10-6, Saturday 10-3
ALL Hardcover \$1.00
Paperbacks: 50¢
Bag of Books (Saturday) \$5.00

Thursday evening, Aug. 11, 6:30-8:30
Books and Bottles Preview Sale
\$5 admission. No book sellers or children. Free Wine & Appetizers.

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