The Chautauquan Daily

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Volume CXLIV, Issue 52



RIAIN

Editor of '400 Souls' Blain to discuss resilience in face of racism

NICK DANLAG

Keisha N. Blain credits her mentors and professors at Binghamton University for getting her involved in Black feminism and Black feminist nationalism.

She read widely about Black nationalism and internationalism and felt unsatisfied with how much of the writing treated gender and excluded Black women, according to an interview with Roar. At 10:30 a.m. today in the Amphitheater, Blain will join the Chautauqua Lecture Series' Week Nine's Theme of "Resilience" for what Vice President and Emily and Richard Smucker Chair for Education Matt Ewalt described as a "frank discussion of resistance and resilience in the face of racism.

Black women's concerns, she said in her interview with Roar, are still sidelined in conversations about policing.

"While we know that the majority of Black people killed by police in the United States are young men, we distort the narrative when we only focus on Black men," Blain said. Despite many high-profile murders, like that of Breonna Taylor, "there is still a perception among many Americans that Black women are somehow shielded from the threat of police violence."

And she said there were many parallels between the uprisings after George Floyd's murder and the past.

During several months of labor and race-related violence in East St. Louis in 1917, during which white people murdered as many as 150 Black people, law enforcement actually joined in with those attacking Black people, a relative of one of the victims told Blain. There are differences between now and then, however.

See **BLAIN**, Page 4

A FAMILY TRADITION



SÉRGIO & CLARICE ASSAD

Father-daughter Assad duo to draw on rich family musical legacy for evening of Brazilian jazz, samba, classical guitar

SARA TOTH

Clarice Assad remembers the first time she played music professionally with her father, the legendary classical guitarist Sérgio Assad. She was in her early 20s, they were in a huge concert hall in Europe and, she said, "looking out, there were just so many people" in the audience.

"It was sort of scary, but I felt this sense of comfort because I was with him," Assad said. "I was alright. It was amazing, and a great way of easing myself into the world of performance."

Assad, a pianist, vocalist and educator, grew up surrounded by music – her father is one-half of the preeminent guitar duo the Assad Brothers – and Sérgio Assad first started to help her create her own music starting at age 6. She's now a Grammy-nominated composer with more than 70 works to her name, and she'll be bringing some of those original compositions to Chautauqua when she and her father present an

evening of Brazilian jazz vocals, samba and guitar at 8:15 p.m. tonight in the Amphitheater.

"(My father and I) love to make music together as a duo; it's always an exciting thing to share with people, with a live audience," Assad said. "It's definitely not the same when you don't have that energy exchange. The virtual experience is just not the same."

Assad, born in Rio de Janeiro, is one of the most widely performed Brazilian concert music composers of her generation. She's the recipient of numerous honors, including an Aaron Copland Award, a Morton Gould Young Composer Award, the Van Lier Fellowship and many others. She's released seven solo albums and performed with the likes of Bobby McFerrin and Yo-Yo Ma – and, of course, her father and uncle, Odair, who make up the Assad Brothers, whose prolific careers have taken them the world over and netted them two Latin Grammys.

See **ASSAD**, Page 4

'Get Up and Go On — Together': Preacher, author Bass returns to Chautauqua to close interfaith season, 'resilience' theme

MAX ZAMBRANO
STAFF WRITER

Closing the 2021 Interfaith Lecture Series at 1 p.m. today in the Amphitheater is author, speaker and preacher Diana Butler Bass.

Her lecture, titled "Get Up and Go On – Together," will also close the Interfaith Series' take on Week Nine's theme, "Resilience."

"Bass is a global thinker from both her head and her heart," said Director of Religion Maureen Rovegno.

Bass has authored 11 books, her most recent being

Freeing Jesus: Rediscovering Jesus as Friend, Teacher, Savior, Lord, Way, and Presence, published this past March. In it, Bass depicts her evolving perspective of Jesus.

"Freeing Jesus explores the many images of Jesus we encounter and embrace through a lifetime — and how we make theology from the text of our lives in conversation with scripture and tradition," reads the book's synopsis. "Freeing Jesus invites us to liberate Jesus and free ourselves when it comes to the

ever-compelling and yet often-elusive figure at the

center of Christian faith." Publishers Weekly has named two of her books, Strength for the Journey (2002) and Christianity for the Rest of Us (2006) among the best books of the respective year. Her book Grateful: The Transformative Power of Giving Thanks (2018) earned the Wilbur Award for best nonfiction book of the year from the Religion Communicators Council, as did Grounded: Finding God in

the World (2015). Grounded was also named book of the year by the Religion Newswriters Association.

"(Bass) writes and speaks with great insight, with acuity, with intelligence and with depth of compassion and caring," Rovegno said. "Hers is the perfect voice to bring this week's conversation, not to closure, but to a breadth of motivated understanding for the going forward of our days and years."

See **BASS**, Page 4



BASS

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IN TODAY'S DAILY



A HEALTHY HARVEST

Scenes from Children's School 'Fresh Market' day, with bountiful fruits and veggies from Group One.

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RESILIENCE IN THE FACE OF TRAGEDY

Rabbi Hazzan Myers reflects on congregation's resiliency following 2018 Tree of Life massacre.

Page 6



CHARTING COURSE FOR SELF-CARE

University Hospitals Chief Whole Health and Wellbeing Officer Adan offers guidance to build resilience.

Page 7



TODAY'S WEATHER







H **84°** L **67'** Rain: **37%** Sunrise: **6:**

Rain: **37%** Sunrise: **6:36 a.m.** Sunset: **8:01 p.m.**





Rain: **55%** Sunrise: **6:38 a.m.** Sunset: **7:59 p.m.**

Missed a story in the *Daily* this summer? Find it on our website using the search bar at the top of any page.

YOUTH



BRIEFLY

NEWS FROM THE GROUNDS

Bus tours canceled during Week Nine

Due to staffing, Chautauqua Institution will be unable to provide bus tours of the grounds during Week Nine.

Bird, Tree & Garden Club news

Join forester Jack Gulvin at 4 p.m. today for a tree walk. Meet at the lakeside patio of Smith Wilkes Hall. Gulvin also leads a Nature Walk at 1:30 p.m. Thursday, starting at the lakeside patio of Smith Wilkes Hall. Off-trail walking may be included in both of these events.

Chautauqua Women's Club news

The Flea Boutique will be open again from noon to 2 p.m. today behind the Colonnade. Shoppers are limited to 12 at a time in 15-minute increments. Today includes a Bag Sale or 75% off.

Artists at the Market runs from 1 to 4 p.m. today and Thursday at the Farmers Market. Language Hour is at 2 p.m. today on the Chautauqua Women's Club House Porch. Discussions will be held in Spanish and French with potential for German and Swedish.

Properties for Rent open house

Looking to rent? Stop by the Visitors Center (Post Office Building) to pick up the list of properties for rent that are hosting an Open House today.

Read to Lola

Young readers are invited to share a story with Lola, the library dog – a certified therapy dog and expert listener – from 4 to 5 p.m. Thursday in front of The Smith Memorial Library (weather permitting).

Community Drop-Ins

Amit Taneja, senior vice president and chief inclusion, diversity, equity and accessibility (IDEA) officer, will hold Community Drop-In hours from 2 to 3 p.m. today under the blue tent on Bestor Plaza (corner of Pratt and Miller by Smith Memorial Library). Chautauquans are invited to drop by to ask questions and share ideas about creating a more inclusive and welcoming Chautauqua. Questions and comments received on a first-come basis. Feel free to bring a chair.

Short story discussion

Join us for a short story discussion at 10 a.m. Saturday in the Marion Lawrence Room of Hurlbut Church, led by Mark Altschuler and sponsored by the Hebrew Congregation. Read the story before attending the session. Copies of the story are available at the Circulation Desk of the Smith Memorial Library. There is no charge, but seating is limited.

CLSC Science Circle presentation

Steven Koch will discuss "Iron with Cyanide and Carbon Monoxide: The First Extraterrestrial Transition Metal" at 9 a.m. today, via Zoom, in the Hurlbut Church Sanctuary. To request a link, email ScienceTalksCHQ@gmail.com.

CPOA POWR Reception

Chautauqua Property Owners Association will be holding a CPOA POWR Reception at 6:30 p.m. today at the Athenaeum Hotel Porch. There will be light refreshments and a cash bar. Join us as we socialize and hear about upcoming events in the 2022 season.



Wednesday 8/25 at the **CINEMA**

LAND - 3:30 (PG-13, 89m) In the aftermath of an unfathomable event, Edee (**Robin Wright**) retreats to the magnificent, but unforgiving, wilds of the Rockies. "Both a tribute to the triumph of the human spirit and an examination of the difficultie setting aside modern for conveniences primitive -James Berardinelli, survival." ReelViews

THE AFRICAN QUEEN-**6:00** (PG, 105m) John Huston's smartly written and beautifully filmed 1951 romance-adventure based on the novel by C.S. Forester, stars Katharine Hepburn as a religious spinster whose missionary brother is killed in WWI Africa, and Humphrey Bogart as the dissolute steamer captain who offers her safe passage on the Congo river. "A ripping, gripping yarn." -Peter Bradshaw, Guardian

FINAL ACCOUNT- 8:45 (PG-13, 94m) Director Luke Holland's documentary is an urgent portrait of the last living generation of everyday people to participate in Adolf Hitler's Third

THE CHQ DAILY

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our season on Instagram: @chqdaily

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Want to revisit your favorite lecture's or livestream programming from anywhere with an internet connection? Join the CHQ Assembly community to keep úp to date on events that take place at Chautauqua.

Visit assembly.chq.org

A HEALTHY HARVEST



KRISTEN TRIPLETT / STAFF PHOTOGRAPHER

Young Chautauquans in Group One pick fruits and veggies at a "Fresh Market" put together by Children's School Master Gardeners in Residence Sandi and Nick Stupiansky Tuesday at Children's School.





KRISTEN TRIPLETT / STAFF PHOTOGRAPHER

Above left, Piper Galea picks up a tomato from the Fresh Market. Above right, Sandi Stupiansky holds up a tomato to show the class.



KRISTEN TRIPLETT / STAFF PHOTOGRAPHER

Children's School Group One proudly displayed their produce - alongside a few store-bought goodies - in their Fresh Market stand after picking.







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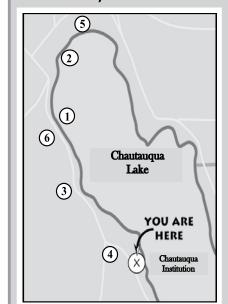
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FROM PAGE ONE

BASS FROM PAGE 1

Bass has had bylines for several national media outlets including The New York Times and The Washington Post, and she has made appearances on numerous outlets like CBS, CNN, PBS and NPR.

"Diana's passion is sharing great ideas to change lives and the world," says her website, "a passion that ranges from informing the public about spiritual trends, challenging conventional narratives about religious practice, entering the fray of social media with spiritual wisdom and smart theology and writing books to help reader see themselves, their place in history and God differently."

Bass has visited Chautauqua before for the Interfaith Lecture Series. In 2016, she spoke about cosmopolis amid globalization and a new understanding of God beyond tradition. Two years later, she discussed the intersection of sports and spirituality.

As the 2021 Summer Assembly draws to a close, Rovegno reflected on the season "with great gratitude that our work in planning has borne such abundant fruit. The goal

(Bass) writes and speaks with great insight, with acuity, with intelligence and with depth of compassion and caring. Hers is the perfect voice to bring this week's conversation, not to closure, but to a breadth of motivated understanding for the going forward of our days and years."

-MAUREEN ROVEGNO

Director of Religion, Chautauqua Institution

is always to present new ideas to our Chautauqua family, with an emphasis on 'new.' We never want to present what our intelligent and caring audiences already know."

Rovegno said this year's speakers added insightful perspectives every week, each being an "angle of vision" to the Chautauqua Lecture Series.

"I like to quote the famous Mr. T from 'The A-Team,'" Rovegno said. "I love it when a plan comes together!"



"The civil rights movement, for example, was certainly diverse, and we see that in groups like the Student Nonviolent Coordinating Committee (SNCC), an interracial civil rights organization. But that was not the case across the board," Blain told Roar. "The widespread involvement of white Americans as well as Asian Americans, Latinx and others in today's protests is significant and underscores how much has

BLAIN

FROM PAGE 1

Blain is the editor, along with Ibram X. Kendi, of Four Hundred Souls, which features 80 writers who each took a five-year period of the 400-year journey of African Americans from 1619 to the present, with

changed since the 1960s."

"10 lyrical interludes from poets," according to Blain.

Blain is an associate professor of history at the University of Pittsburgh and president of the African American Intellectual History Center. She is also a columnist for MSNBC, and her writing has been published by The Atlantic, The Guardian, Time, The Chronicle of Higher Education and many other publications. She is also the author of Set the World on Fire: Black Nationist Women and the Global Struggle for Freedom, which examines how Black nationist women engaged in politics from the early 1900s to 1960s.

In her columns for MSN-BC, Blain has written about Black workers at an Amazon facility in Windsor, Connecticut, finding eight nooses around their work

area; Black TikTok creators boycotting posting new dance routines after many of the dances they created went viral and they received no attribution; and President Joe Biden reversing President Donald Trump's discriminatory

housing policies. In the housing column, she wrote about an incident on Aug. 1 in the city of Wyoming, Michigan, in which police handcuffed Eric Brown, an African American realtor, along with a client and the client's 15-year-old son.

"The majority-white city of Wyoming – of which only 7.8% of the residents are Black – is not the only site of racial profiling and housing discrimination, a persistent problem the Biden administration is now working to address," Blain said.

She then mentioned other incidents, such as a white man in Mount Laurel, New Jersey, who was arrested after harassing several of his neighbors of color by throwing rocks at them and smearing feces on their windows.

Blain also wrote that despite progress from the civil rights movement, housing remains a "racial battlefield" in the U.S., with housing discrimination keeping families of color out of many neighborhoods.

She then quoted Biden, who said "the federal government has a critical role to play in overcoming and redressing this history of discrimination and in protecting against other forms of discrimination by applying and enforcing Federal civil rights and fair housing

ASSAD

When the father-daughter duo take the Amp stage, they'll be bringing the rich tradition of Brazilian music with them.

"The music we play is full of life and joy," she said. "We've chosen these songs and compositions because of their energy, and a celebration of joyful music from our original country of Brazil."

On the setlist for tonight is several compositions from Relíquia, a 2016 album on the Adventure Music label, which was written together by the two Assads to honor

Offering

(My father and I) have a very strong connection, and it's not just because we're related. There's something really special about our relationship, our love for music and love for each other that comes across, and I think people can relate to that.

-CLARICE ASSAD

Composer, vocalist

their family's musical legacy. "The works are import-

ant to us," said Assad, who wrote several of the songs on that album when she was a teenager. "I'm fond of these songs to this day."

Ultimately, Assad said, she wants the evening to be

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a celebration of the return of live music.

"As two generations of musicians, related by blood, to be able to share that connection with audience members is a beautiful thing," she said. "Listening to music is a very personal experience, and this is something my father and I have been doing for a long time. We have a very strong connection, and it's not just because we're related. There's something really special about our relationship, our love for music

comes across, and I think people can relate to that."

And even if the audience doesn't understand "the language of the samba, or the language of Portuguese," Assad said, the way the two make music means "the essence, the love and commitment we have to this art form, definitely comes across."

Though both Assad and her father currently live in the same Chicago neighborhood, the pandemic kept them apart for months, until a Christmas 2020 celebration together. Reuniting was joyous, Assad said, and she hopes to bring some of that joy to

the Amp tonight. "This is the wonderful thing, this human connection, that we get to be able to do again," she said. "Now that we can get on stage and resume what we were doing before, it's a beautiful thing.'



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RELIGION



DAVE MUNCH / PHOTO EDITOR
The Rev. John C. Dorhauer, general minister and president of the United Church of Christ, delivers his sermon "Who Is God, and Who Are We Because of God?" on Sunday in the Amphitheater.

Dorhauer: Recreate church in image of God, who shows no partiality

n Sunday I said that John Dominic Crossan called Psalm 82 the center of faith. I think that Acts 10:34 is the most important Scripture. It has been formative for my ministry," said the Rev. John C. Dorhauer. He preached at the 9 a.m. Tuesday worship service in the Amphitheater. His sermon title was "No Partiality," and the Scripture reading was Acts 10:34.

Dorhauer said, "I wish this Scripture had the impact on us that it had on the disciples. This verse planted the DNA in the first generation of the church. The Holy Spirit would not absent herself from the first conflict of the church."

Peter the Apostle, in Acts 10:34, said, "Truly I understand that God shows no partiality." He was in the middle between James and the Council of Jerusalem – who believed that all male Christians must follow the law and be circumcised before they were baptized – and Paul, who believed that through Jesus death on the cross, the law no longer had the power to make humans right with God, and circumcision was unnecessary in order to be baptized. Just love God and love your neighbor.

baptized. Just love God and love your neighbor.

"How did Peter get from waffling on the issue to landing on one side?" Dorhauer asked. "He landed and was dragged back to Jerusalem by James to defend himself. If you doubt how important this is, it is in the canon because they feared the church would regress and that would not serve the mission well."

Following Jesus was not enough, and at the Last Supper he told the disciples it was an advantage for him to leave them. If he did not go, the Advocate would not come and the church would be without the Spirit. After all they had experienced with Jesus – the preaching, the healings, the crucifixion – the disciples were hemmed into an upper room until the Spirit came upon them.

Peter was in Cesarea and a man named Cornelius sent a servant to ask Peter to come and preach to his family. Because Cornelius was a Gentile, he was considered unclean and Peter would have become unclean if he accepted the invitation. Peter was unsure about whether



MORNING WORSHIP

COLUMN BY MARY LEE TALBOT

to accept the invitation.

"He took a nap, and in a dream he saw animals falling from heaven and he heard a voice say, 'Take, kill and eat,'" Dorhauer said. "Peter saw that all the animals were considered unclean according to the law. The voice said to him, 'Who are you to tell me what is clean and what is unclean?'"

He continued, "We all know that the voice is God, and it is God's law that Peter knew. He had already been tested and failed, and he did not want to fail this test. Peter had this dream three times, and when he woke up he was confused."

The voice stayed in Peter's ear when the servant came to take him to Cornelius' house. "God keeps saying, 'Don't tell me what is clean and what is unclean,'" Dorhauer said. "He is wondering if he should even be there and what he would say." After Peter heard what Cornelius had to say, he replied, "Truly, God shows no partiality."

While Peter was still preaching, the Holy Spirit came and touched even the Gentiles. "While the church was deliberating, the Holy Spirit showed up, even on the Gentiles," Dorhauer said. "And the Holy Spirit showed up before they were baptized. Every other time the Holy Spirit came after baptism. The Holy Spirit was not risking anything, and Peter stopped preaching and they went to the water and all were baptized. God shows no partiality." Peter was not known for his brilliance, but he had to get

it right and face the council. They asked if it was true that he had gone to Cornelius' house and he said yes. "They asked him if he had said God shows no partiality," Dorhauer said. "Peter said, 'If then God gave them the same gift that he gave us when we believed in the Lord Jesus Christ, who was I that I could hinder God?' In other words, your quarrel is not with me; take it up with a higher authority."

The question is, can you accept the God who already shows no partiality? The church that accepts less has a problem. "There was so much at stake; they had to get it right and they had to put the story in the canon," Dorhauer said to the congregation. "We know that we tend to get things wrong, so they put it in the canon."

He continued, "We fall short, and tell those on the other side that they are not welcome here; (that) they are unclean and not welcome before the Creator. So the Holy Spirit showed up, and you and I have the challenge and joy of recreating the church in the likeness of the God

who shows no partiality."

Dorhauer said that in his position as president of the United Church of Christ, people ask him how they can ordain lesbian and gay people. "We have been ordaining lesbian and gay people since 1972. But I tell people I don't ordain lesbian and gay people. I ordain people in whom the gifts of the Holy Spirit are evident. If you have a problem with that, take it to a higher authority. Every day it is my delight to recreate the church in the image

of God who shows no partiality.'

The Rev. David Shirey presided. Julie Peebles, senior minister of Congregational UCC in Greensboro, North Carolina, read the Scripture. The prelude was "Psalm 33," by Emma Lou Diemer, played by Joshua Stafford, Jared Jacobsen Chair for the Organist and director of sacred music. Members of the Motet Choir sang "If I Forget, Yet God Remembers," with music by Daniel Pederson and words by Robert Browning. The postude was "Improvisation Veni Creator Spiritus." The Daney-Holden Chaplaincy Fund provides support for this week's services and chaplain.

A RECOGNITION OF RESILIENCE





At left, Bill Schweinfurth, president of the Lutheran Chautauqua Association, presents a Chautauqua County Recognition Award to, from left, Vice President of Religion and Senior Paster Gene Robinson, Department of Religion Administrative Assistant Carolyn Snider, Director of Religion Maureen Rovegno and Senior Vice President of Community Relations and General Counsel Shannon Rozner last Thursday at the Lutheran House. Above, Robinson, Snider, Rovegno and Rozner accept the award, which was signed by Chautauqua County Executive Paul Wendel. The award recognized the department's commitment to ensuring Chautauqua's denominational houses were able to have a safe and successful 2021 season. "For its hard work and outstanding dedication in preparing for a safe and successful interfaith program for the Chautauqua Institution's 2021 season," the award read. "During the COVID-19 pandemic, this department diligently worked to prepare worship services and programs for the 15 denominations and religious organizations represented on the grounds while ensuring extensive protocols were in place to prevent the spread of the virus. Its efforts and continued successful programming for Chautauqua's residents and visitors is greatly appreciated."

LECTURE



DAVE MUNCH / PHOTO EDITOR

Rabbi Hazzan Jeffrey Myers, rabbi and cantor at the Tree of Life Congregation in Pittsburgh, delivers his lecture "A Ticket to Ride: The Roller Coaster of Resilience" on Monday in the Amphitheater.

Tree of Life Rabbi Hazzan Myers opens week with story of congregation's resiliency following trauma of mass shooting

MAX ZAMBRANO

Fr. O'Connor was a beloved priest with the exception of his poor oratorical skills, said

Rabbi Hazzan Jeffrey Myers.

At the end of one summer, he went to a two-week retreat in order to better his skills. At the very first sermon, a wellknown priest said he had spent the best years of his life in the arms of another woman, drawing stunned faces and gasps from the crowd.

He then said it was his mother, drawing a laugh, and O'Connor knew he needed to

remember that joke. When he returned to his church, he opened with the same joke, except he had forgotten the punch line. As seconds ticked, the crowd's collective jaw stayed on the floor as O'Connor blurted out, "But I can't remember who she was!"

Myers said O'Connor never preached again, and that he was not resilient.

This was how Myers opened Week Nine's Interfaith Lecture Series, themed "Resilience." His lecture, titled "A Ticket to Ride: The Roller Coaster of Resilience," at 1 p.m. Monday in the Amphitheater, was the first of three Interfaith Lectures in this final week of the season.

From that story, Myers turned to acknowledge that over the summer, he's noticed two books related to trauma and resiliency have hit the New York Times Book Review's top 10.

"Apparently, it's a big subject now," he said. "But what is trauma? And what is resiliency? If there is anyone in the United States who has experienced both, I'm certainly one of the people."

Before explaining further, Myers emphasized that he was not a mental health professional, and that his observations are from what he's learned from professionals and those who have experienced both trauma and resiliency. He acknowledged that everyone experiences trauma at some point in life. Some traumas are minor, like breaking a bone. If one breaks a bone again later in life, they are more equipped to deal with it because they've gathered experience and tools to deal with it. He also compared it to a COVID-19 inoculation – it prepares the body for fighting the virus, he said.

Resiliency then comes from one's ability to cope with trauma, he said.

Myers himself experienced trauma and resiliency in a high-profile, severe

way. On Oct. 27, 2018, when

a shooter killed 11 people at

the Tree of Life synagogue in

Pittsburgh, Myers was lead-

"It will soon be three years

since the massacre, and I

continue to shake my head

in disbelief at the continuous

events that revolve around

me, with me and through me,"

He's managed to get

through survivor's guilt,

counseling the families, and

the onslaught of world media

through the support of his

family, friends, congregation

and mental health profes-

that," he said. "As I recog-

nized early on, this was too

traumatic for me to manage

alone. If you have a heart

problem, you see a cardiolo-

gist. If you have a skin prob-

lem, you see a dermatologist.

If you suffer trauma, you see

a mental health professional."

ma, so too is everyone re-

silient, he said. He pulled

out a large rubber band to

band is exactly what trau-

ma is – to stretch beyond

the norm," he said. "We re-

vert back to what we were

before the stretch, which is

resilience. Place this rubber

band in the freezer for several

hours, and then try to stretch

it. It will not stretch far, if at

can stretch and return, which

is resilience, he said. When

it's frozen, or one doesn't

have the right skills or tools to

handle the trauma, defrosting

is necessary, which may be

seeking out professional help.

cope with trauma, but some-

times not, he said. Some-

times, the rubber band snaps.

til now my rubber band has

not snapped," he said. "It has

certainly been stretched

farther than I thought possi-

ble. And, sometimes, it takes

a while for it to resume its

Some days are great until

a sensory input sends it tum-

bling, he said. For him, it can

be another mass shooting,

but of the 411 mass shoot-

original shape."

"I'm grateful that up un-

Prior experiences can help

Typically, the rubber band

all. In fact, it might break."

"My stretching this rubber

demonstrate.

As everyone suffers trau-

"I see no stigma about

sionals, he said.

he said.

ing the Shabbat services.

Part of resilience is post-traumatic growth. The growth of new shoots from the tree that was severely damaged on Oct. 27; the ability to discover hidden skills and abilities that created a newer version of the previous me."

-RABBI HAZZAN JEFFREY MYERS

Rabbi and cantor, Tree of Life Synagogue, Pittsburgh

him, he said. "Sometimes, one can," he said. "I do not watch the news of a mass shooting as the activity brings me back to Oct. 27, 2018, and it can

be draining to relive that day

ings in the United States this

year, as of July 31, not every

single one retraumatized

over and over." When he learns of a mass shooting, it can take his rubber band several hours to return to its normal shape, he said, but he credits this quick restorative period to his mental health professionals and tools he's acquired - though he cautioned that what works for him may not

work for others. "Part of my resilience is the determination that I will not permit the shooter at Tree of Life to claim another victim," he said.

Instead, since that day, he's been on a new mission to remove hate speech from soci-

ety, he said. A couple weeks after the Tree of Life shooting, Myers was set to give a speech in front of a huge crowd, which included celebrities. He had no idea what to say even as he walked up on the stage, so he prayed for what to say.

In his speech, he noted how everyone was taught of four-letter words that were obscenities, and he said "hate" should be added to the list.

"When people use this word, ultimately their language is emotional and leads to violent actions, such as a massacre in my synagogue," he said. "If you just don't like something, then say, 'I don't like it!'"

He understands that this act will not solve the country's or world's problems, but hopes it is a start. "Part of resilience is

post-traumatic growth," he said. "The growth of new shoots from the tree that was severely damaged on Oct. 27; the ability to discover hidden skills and abilities that created a newer version of the previous me."

Myers said people have much more in common than divisions, as leaders of

all faiths and organizations

helped him post-Oct. 27, al-

though he had only moved to Pittsburgh a few months

Trauma can appear at unwelcome and unexpected times, he said, and resilience has taught him how to let trauma know it is unwelcome. No matter how many times it's kicked away, it will crawl back again, he said.

The shooting and resilience, in some ways, helped Myers prepare for this pandemic, he said. As the Tree of Life synagogue was no longer a prayerful place, he said, citing the prophet Ezekiel, congregants moved to another nearby synagogue.

"We were a displaced congregation, and despite how warmly we were welcome, everyone desperately wanted to go to their home synagogue, which we could not do," he said.

Then, when the risk of COVID-19 forced everyone online, everyone was displaced again. He reaffirmed to his congregation that they had existed since 1864, and the Jewish community was over 4,000 years old.

"Judaism is not about a location," he said. "It is about what is in your heart that binds us together."

In his livestreams, he could see his congregants, but he noticed an erupting line of hearts shooting up from the bottom of the screen. They lined up perfectly with the candles behind him, he said.

"I had to take a breath and pause and utter a 'Thank you, God,' for God's divine guidance," he said. "It was at that moment I knew that, together, we would get through our second displacement, for I saw my congregation's resiliency right there on the computer screen."

Either one will find resiliency or it will find someone, he said. Psalms helped show him resiliency in the days following Oct. 27 when, for the first time in his life, Myers lost his prayer voice.

He was at another school where his wife teaches, and as they stood to recite prayers, Myers couldn't find words to

was Psalms, he said.

Myers read through all 150 later that day, and Psalm 121 stood out to him, which shows a recognition that God is the one who can provide help, and one who trusts in God can trust he will be protected.

He's recited this poem in Hebrew every morning since then.

"It gives me hope and confidence for the day," he said.

Soon, Myers included Psalms into the conclusion of Friday evening services, initially using Psalm 27, which he recites at the beginning of Rosh Hashanah and in the middle of Sukkot. He read its final two verses to the Amp.

"Yet I have faith that I should truly see God's goodness in the land of the living. Hope in God; be strong, take courage and hope in God," he read.

He recognized these psalms, written by King David 3,000 years ago, hold eternal power against trauma.

"For me, King David's resilience has become my resilience," he said. "His words encourage me that even during difficult times, I can endure. I can move past it, and I do. And the thing about resilience is once you've experienced it, you are poised for further moments of resilience."

Myers does have days where he cannot fight against trauma, he said.

On April 27, 2019, one person was killed in a synagogue shooting in a San Diego suburb.

"I did not have the words to describe my response at that moment, as I do not have the words to describe my response right now," he said. "But to say it was bad was a severe understatement. My wife quickly turned off the TV, and suffice to say, I was an inconsolable wreck for the remainder of the evening."

in San Diego was inspired by the Pittsburgh shooter, and

and care, I worked my way through it and moved forward," he said. "I share this with you because there will be times in our lives when we are just not very resilient, and to reassure you that it is OK. ... The most important lesson is to identify the trauma and to get the proper help for it."

He's not had another ex-

eryone has the same ability.

"It is in our DNA; evolving over time to face the challenges of being a human in a world that sometimes lacks humanity," he said. "The fact that you are seated here today asserts your resilience, for a pandemic can most certainly challenge your resilience.

Myers wasn't sure why God wanted him in Pittsburgh after spending his life on the east coast, but now, he said, he understands.

"I truly believe that God wanted me in Pittsburgh to help my community pick up the pieces afterwards," he said. "God did not call the shooter to Tree of Life. The shooter made that decision on his own. I chose to stay. Sometimes, my wife will ask me why I answered the call. I answered the call because when God calls, you don't

send God to voicemail." When Tree of Life reopens, it will be a model of resilience

to the world, he said. "Our resilience will help other communities to find their own resilience, because that is what it means to be a member of the human race," he said.

Resilience opens a new version of ourselves, he said. He read a quote from Bram Stoker's Dracula that referenced humans' resiliency and that trauma can be removed by any way, including death.

Myers said death was more exaggerated than he preferred, but agreed that removing trauma through resilience is part of humans' DNA, and that people come away with hope and enjoyment. As a person experiences this over and over, they grow in confidence, he said.

"Success breeds success," he said. "Resilience breeds more resilience."

He closed with a critique on the celebration of life. When someone is born, there are celebrations, but that is not as common with death. Although he believes people should continue to celebrate births, people should celebrate deaths to a higher extent. He compared it to a ship at sea, where humans face storms and stiff waters, in addition to calm waters and sunny skies. When a ship returns from sea, it should be celebrated more than when it departed because it survived the journey. "As grand as our birth is,

our pending end should be even grander - because we made the sacred journey, and that should be celebrated," he said. "And we did so because we are resilient."

He thanked God there was only one person killed, as he knew there could have been more, he said. The shooter

Myers had no way of comprehending that. "Fortunately, with time

perience like that yet, but he knows it is possible. Myers say out loud. He cried to God for help, and God's answer surprises himself with his own resiliency, but said ev-

LECTURE



DAVE MUNCH / PHOTO EDITOR

Françoise Adan, chief whole health and wellbeing officer for University Hospitals, speaks Tuesday in the Amphitheater.

University Hospitals' Adan charts course of resilience, from self-care to compassion

NICK DANLAG STAFF WRITER

Françoise Adan danced and clapped along with the audience to Gloria Gaynor's song "I Will Survive": "As long as I have love to give, I will survive. I have all my life to live, all my love to

give, I will survive." "This is my song. I love this song," Adan said.

Then Adan shifted the energy. She guided the Amphitheater audience through meditation, to find a comfortable position, to close their eyes and pay attention to their breath as it was, and try not to change anything. Then she said to visualize an image of peace, whether it was a word, symbol, or an area or person they loved. Then she asked them to silently repeat a simple affirmation: I am peaceful and present.

Then Adan told the audience to open their eyes.

"Today, I will share with you some tools and some tips to build your resilience," Adan said. "I will give you hope, but I will also challenge you with a call for action."

Adan is the chief whole health and wellbeing officer for University Hospitals, as well as the director for the UH Connor Integrative Health Network based in Cleveland. At 10:30 a.m. on Tuesday in the Amp, Adan discussed the foundational pieces of resilience, which start from self-care and end with compassion, and how people could build this skill within themselves. This was the second lecture of Week Nine's theme of "Resilience."

Adan has worked as a psychiatrist for about 25 years, with around 35,000 hours spent one-on-one with patients.

"People are incredible. They taught me so much and still amazed me by how humans are resilient. People get beaten, betrayed. They feel scared, anxious, overwhelmed, anxious, guilty, sad and so much more," Adan said. "Somehow, they emerge. Somehow, they stand back up. Somehow, they move forward and, often, thrive."

Over those years, she learned resilience is the "ultimate equalizer." She defined resilience as the abil-

ity to bounce back up, adapt and cope. "I've seen people having

everything, but, at some point in their life, in some circumstances, they don't know how to cope anymore," Adan said. "I've seen people who have nothing, who live in incredible circumstances, but, again, somehow, they find the courage, the resilience, just to take one more step."

She also said resilience means refusing to be the victim. Resilience means choosing to spend energy on finding a solution, rather than blaming others or themselves. Resilience is a skill, which means people can get better at it.

This all starts with selfcare - and the most important word in that phrase, she said, is "self."

"I know, often people don't like this word," Adan said. "We take better care of our car or dog or work or friends

or children than ourselves." People have to take care of themselves on their best days and, especially, she said, on their worst. Selfcare means doing the basics, like eating more vegetables, staying hydrated and getting enough sleep. The U.S. especially needs more sleep, she said, because 70% of the population is sleep-deprived.

One of the biggest aspects of self-care is managing stress, and the first way to cope with anxieties that Adan delved into was mindfulness. She said 80% of primary care visits are due to conditions either caused by stress or exacerbated by it.

She then quoted Mark Twain: "I had a lot of worries in my life – most never happened."

This is where mindfulness comes into play.

"(Mindfulness) is to be in the present as an observer. We're not in the past. 'What could have happened, would have happened, should have happened,' often leads to regrets and sorrow," Adan said. "We're not in the future, the to-do list, the worries that lead to anxiety. We are in the present, as an active observer."

Mindfulness allows people to see problems as they are, instead of amplifying them.

The second way to manage stress is to realign priority. As inspirational speaker Virginia Brett said, "'No' is a complete sentence." Adan conceded that it is tough for her to say no.

"What I do," Adan said, "is I don't say yes right away. So what I do, I say, 'Let me get back to you tomorrow.' It gives me an opportunity to think. 'Do I really want to do this? Do I feel like I have to do this? How does that fit in my schedule in my life?"

Unlike checking a pulse or blood pressure, resilience has no surefire measure. The best way, Adan has found, to check a person's "resilience pulse" was to ask them two sets of questions. The first: "When I am at my best, when things come easily, when I'm in my zone, how do I feel? How do I behave?

What do I do?" "For me, when things come easily, I have a great sense of humor," Adan said. "I have a good sense of perspective, and it's easy for me to make decisions."

Then she asks the opposite: "When I'm at my worst, when I feel I can't take it anymore, when the next step just seems too much, who am I? How do I behave? Where do I feel it?'

"For me, easy, I'm someone I don't like," Adan said. "I am judgmental, cynical, critical, impatient. Everybody. Is.

Self-awareness, she said, is the key to creating resilience. This means knowing what makes us feel better, and what makes us feel worse.

"Most of us, as we are not in our zone, when we are acting at our worst, we actually do more of what's hurting us, instead of what's helping us," Adan said.

Resilient people, she said, have three main characteristics. The first is that they accept life as it is – which, she said, gives people the ability to move on and not think of themselves as the victim. Instead, people who accept life as it is can spend more energy trying to change it. And the second charac-

teristic is that they are positive, which Adan said is the "unstoppable hunt to look for what is right." Having a positive mindset

is not the same as being optimistic, though. "We all know the analogy of the glass half-full or half-empty. We all know that

seeing it half full is better, but

positive people go even be-

yond that," Adan said. "Even



if there is not that much water, there's still a glass. There is no glass? I have my hand. I can make a cup."

The last characteristic of resilient people is they have purpose. This doesn't mean they have a world-changing plan, like curing all diseases, she said, but small purposes, like being a good neighbor or friend.

She quoted Viktor Frankl, the author of Man's Search for Meaning: "When we are no longer able to change a situation – we are challenged to change ourselves."

"I have a fancy title. I have a great job. I have a good income. And at the end of the day," Adan said, "'I have all my love to give, all my life to live,' and for me, that is my purpose - to be loved and to love."

The last step of resilience is compassion. Compassion is different from empathy, though, because empathy, she said, means envisioning oneself in another's shoes, while compassion means doing something to help.

the most important lessons

of her life. In 1993, Adan in-

"The amazing thing is being compassionate, being a listener, looking at someone in her eyes, smiling, is actually replenishing yourself," Adan said. "So, people who are compassionate experience less burnout - not the

we can." other way around - which, to me, is incredible." She then shared one of



I've seen people having everything, but, at some point in their life, in some circumstances, they don't know how to cope anymore. I've seen people who have nothing, who live in incredible circumstances, but, again, somehow, they find the courage, the resilience, just to take one more step."

-FRANÇOISE ADAN

Chief Whole Health and Wellbeing Officer, University Hospitals

terned at the Cleveland Clinic, and during one shift she hadn't slept in 24 hours because of her work schedule. One of her patients was a 23-year-old mother of five children with three different fathers, who had a heart in-

fection because of drug use. "I am exhausted and depleted and, you remember how I am (at my worst) cynical, judgmental, feeling completely hopeless, and hopeless for her and for me," Adan said. "I feel no ability to help her."

The doctor stopped her and said, "Do you think she woke up yesterday and thought, 'I'm going to screw

this up'? We all do the best "That moment was literally life-changing for me; realizing that this was where

she was at that time. Having

compassion was not only go-

ing to help her but help me," Adan said. "The reality is we all do the best we can, sometimes great, sometimes not so great."

Compassion, she said, also means taking care of oneself.

"There is absolutely zero research confirming that beating ourselves up for whatever else we didn't do is going to help us. Zero," Adan said. "But we do it over and over and over again."

She ended her lecture by talking about her time at Chautauqua. When she entered the front gates of the Institution, it was like she was entering a dream, where every stranger she passed looked her in the eye and said, "Hello!"

Then she asked the audience to think about this question: What is one thing from this summer they learned, and are willing to take back into the wild?

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Duffy Endowment for Classical Guitar sponsors Assad Duo's Amp performance

The Shirley A. and Arthur R. Duffy Endowment for Classical Guitar sponsors tonight's performance with Clarice and Sérgio Assad: An Evening of Brazilian Jazz Vocals, Samba and Guitar.

The Shirley A. and Arthur R. Duffy Endowment for Classical Guitar was established in 2014 by Shirley and Arthur Duffy. Arthur Duffy, a metallurgical researcher turned real estate investor, and his wife Shirley, a former teacher, have been coming to Chautauqua from their home in Cleveland for many years; so many years they don't quite remember the exact season when it became obvious that they needed to buy a house on the grounds. Their grandchildren, children and the many friends they have introduced to Chautauqua over the years – 31 and counting

 all seemed to want to visit in different weeks, and suddenly it made more sense to own a home than rent for just a few weeks.

Inspired by the enriching experience of Chautauqua and Art's ever-growing love of the guitar - taking up the classical guitar at age 82 - the Duffys decided they wanted to enrich the musical offerings at Chautauqua. They were

driven by their passion for classical repertoire for guitar and wanted to make it possible for Chautauqua to invite classical guitarists. The initiative taken by the Duffys will supplement musical programming by inviting classical guitarists to play with the Music School Festival Orchestra, the Chautauqua Symphony Orchestra and other opportunities as they arise.

Keyser Fund supports Blain's morning lecture

The Barbara and Herb Keyser Fund provides funding for today's 10:30 a.m. lecture

featuring Keisha N. Blain. Established in 2011 by Dr. Herbert H. and Barbara G. Keyser and Christopher A. Keyser and Susan Sprung, the fund is a permanent endowment fund held within the Chautauqua Foundation to offer general support to the Chautauqua Institution bakes and delivers lemon lecture platform. Herb is a retired obstetrician and gynecologist, an active author, lecturer, world traveler and performer of musical numbers from his book Geniuses of the American Musical Theatre on cruise ships and at theaters. Most Chautauquans readily know of him as the "King of Tarts," as he

tarts for the benefit of the Chautaugua Fund.

Barbara and Herb began coming to Chautauqua in 1981 at the recommendation of a friend who played in the Chautauqua Symphony Orchestra. Their son Chris Keyser and daughter-in-law Susan Sprung decided to honor their parents by joining them in establishing this fund. Chris is a writer and producer in Hollywood and a winner of a Golden Globe Award several years ago. He is the past president of the Writers Guild of America, West. The Keysers have six children and 10 grandchildren, all of whom spend time in Chautauqua.

Loew Religious Lectureship provides for Bass

The Ralph W. Loew Religious Lectureship Fund of the Chautauqua Foundation provides funding for this afternoon's interfaith lecture with Diana Butler Bass.

Ralph Loew served as director of the Department of Religion for 10 years. The endowment was established upon his retirement in 1988. Dr. Loew also served as a trustee of the Institution from 1987 to 1991. He first became involved with Chautauqua in 1948 as a visiting chaplain.

As pastor of Buffalo's Holy Trinity Lutheran Church, Dr. Loew received many honors for community service. He received the Red Jacket award from the Buffalo and Erie County Historical Society; honors from Medaille College, Daemon College and Canisius College; and the Chancellor's Medal from the University

LETTERS POLICY

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Submit letters to:

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editing. Letters must include the writer's signature

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Letters must be submitted by 5 p.m. Thursday

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of Buffalo, the institution's most prestigious award. The State University of New York, which represents the state's 64 colleges and universities, honored him, and four colleges awarded him honorary degrees.

For 30 years, Dr. Loew authored a weekly column in the Buffalo Courier Express newspaper. The column was nationally syndicated for six years. He wrote five books. His family published a book of his columns, This Faith Tremendous, in 1999. His 1956 Easter sermon was selected by Life magazine as one of six

notable sermons of that year. Dr. Loew served as chairman of the board of trustees of the Margaret L. Wendt Foundation. He was also active on the boards of Habitat for Humanity, Hospice of Buffalo, Western New York Grantmakers Association, St. John's Lu-

Sara Toth, editor

stoth@chq.org

theran Foundation and the Samaritan Counseling Center. He spoke at conferences in Europe, Asia, India and South America, and was on two occasions a preacher for churches in England and Scotland. He was listed in Who's Who in America and Who's Who in the World. The 1988 Chautauqua Literary and Scientific Circle

graduating class is named

the Ralph W. Loew Class. Dr. Loew's daughter Janet and her husband Michael Day continue to be active members of the Chautauqua community. His grandchildren and great-grandchildren in the Day, Domanski and Engdahl families continue to enjoy Chautaugua.

CHAUTAUQUA INSTITUTION

Week Nine Ticketing & Gate **Hours of Operation**

For Aug. 21–29 (Subject to change)

Main Gate Welcome Center

Ticket Windows 8 a.m. to 8 p.m. Daily

(Until 8:30 p.m. on popular entertainment evenings) 8 a.m. to 8 p.m. Daily

Information Windows

Bestor Plaza Visitors Center Information Desk

Ticketing Desk

9 a.m. to 3 p.m. Daily Closed for Week Nine

Amphitheater Screen House

Ticketing Mornings Ticketing Evenings

9 a.m. to 11 a.m. Sunday–Friday One hour prior to curtain until 30 minutes in

Performance Pavilion on Pratt

Ticketing

One hour prior to curtain until 30 minutes in

Institution Gates

The Institution expects to be able to maintain regular hours for all entry gates (24/7 daily for Main Gate auto; 6:30 a.m. to 11 p.m. daily for Turner Gate; 7 a.m. to 4 p.m. weekdays and 7 a.m. to 1 p.m. Sunday for Market Gate; 7 a.m. to 11 p.m. daily for all other gates). If a gate is unexpectedly closed due to staffing issues, please remember that the Main Gate Auto Hut is open 24/7 during the season to enter and exit the grounds.

CROSSWORD By THOMAS JOSEPH

ACROSS 1 Gift tag

cookie 41 Used to

5 Pulsate 9 Push

away 11 Australia city

drama 13 Washington

neighbor 14 Opposite of oui

of books 17 Boutique buys

19 Hydrocarbon suffix

20 Forest sights

21 Cart puller 22 Famed fur

tycoon **24** May

honoree 26 Available **29** Blue

herbs 34 Chop

35 Bewildered 36 Wed in

hoot



28 Small

good as new

frog joint 29 Battle **21** Fine souvenirs 30 Nicholas study

23 "Just a II, for one moment" 31 Stockholm 24 Purple native

swallow 33 Ooze 25 Black Sea 37 Court city

buys concern

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

8-25 **CRYPTOQUOTE**

VD QGKKHC AND BDL QHHK OV

POZH, BDL KGUH YDQHKNOVX

JDYOKOFH KNHQ,

VHXGKOFH. — XGCB GPPGV Yesterday's Cryptoquote: FACE CHALLENGES, EAR, AND FRUSTRATION BY SEEKING OUT KNOWLEDGE AND OPPORTUNITIES FOR GROWTH. — FANNY MAIRENA

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 9 in the empty squares so that each row, each column and a 3x3 box contains the same number only once. The difficulty of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis SudoKu						By Dave Green		
	6	5				4	8	
8			5		4			6
8 2 4			1					3
4			8					9
	8	9				3	7	
3			7					8
3 5 9			3 2					7
9			2		6			5
	3	1				8	9	
Difficulty Level ★★★								8/25

Difficulty Level ★★★

3 2 5 6 5 6 3 8 9 3 5 6 8 8 5 9 2 4 6 3 2 8 9 3 5 7 9 2 8 6 9 1 6 5 4 8 3 4 8 9 6 1 2

Difficulty Level ★★

40 Ginger word

be

DOWN 1 Fern part 2 News

12 Musical offering 3 Starting bid 4 Sea, to

Simone 5 Hotel units 18 Jeans 6 Makes 15 Sources blank

> 7 Acropolis setting 8 Yonder things

10 Oversights 11 Bakery

30 Long locks 32 Peppery down

secret 38 Stair part 39 Gave a



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45 Cookman Ave. - 5 BR/4.1 BA Beautifully renovated yr-rnd home on dbl lot near HOP. Lovely garden, fabulous porches, and outdoor space. \$998,500 Karen Goodell



arge porch and wide-open lake views. Chef

kitchen, hardwood floors, central location.

\$998,000

Karen Goodell

36 Scott Ave. - 4BR/2 BA Perfect combination of Historic Preservation and Modern Renovation plus a Central Location near everything, fun & stylish.

\$699,000

Karen Goodell

SALE PENDING



Classic cottage in historic/central CHQ. 2 full and 2 half baths. One house back from lake. Private dock rights. Lovely porches. \$675,000 Karen Goodell



Cozy and spacious contemporary with lots of light. Large private deck. Tons of storage. 2 masters w/ en suite baths. \$659,000 Jan Friend-Davis



Location, stacked porches, loaded with CHQ charm! 5BR 3BA cottage with lake views! \$625,000 **Ruth Nelson**



2nd floor unit in one of the nicest condominium buildings w/ an elevator in CHQ. Centrally located. Open flr plan. \$599,000 Karen Goodell



Central location, newly refreshed. Wrap around 2 story porch. Landscaped, Parking, great rental history. \$589,000 **Heather Chase**



outdoor spaces and porch. Open layout cathedral ceilings. \$589,000 Karen Goodell



Lovely north end ranch. Sun porch, open LR & kitchen. Lower level guest suite w. 2br/1 ba, LR, kitchen & patio. \$589,000 **Debbie Rowe**



Steeped in CHQ history! Stacked porches with lake views. 12 guest rooms, and a garden apartment. \$550,000 **Ruth Nelson**



Parcel includes 2 buildings. On 2 1/2 lots, in the heart of CHQ. Great development potential! \$499,000 **Ruth Nelson**

SALE PENDING



Picture perfect CHQ cottage. 2BR 2BA with beautiful upgrades, in a tranquil wooded setting. \$439,000 **Ruth Nelson**



HOP. 2 deep lovely porches w/ views of HOP. Full basement, storage. Parking. \$439,000 Karen Goodell



Pines condo w/ parking. End unit with a finished basement, new bathroom. Offered furnished. Pool. Pet friendly. \$349,000 **Debbie Rowe**



Charming central CHQ cottage. Steps from the lake, Bestor Plaza, and Amp. Great location! \$314,500 Karen Goodell



Lovely central CHQ condo with 2BR 1BA all on one level. Beautiful upgrades, a must see! \$295,000 **Ruth Nelson**



Updated in 2019, beautifully decorated garden level condo w/private Master Bedroom/Bath. Pet Friendly. \$249,000 Lynne Gruel



porch, open living/kitchen, pet friendly, furnished, elevator, yr round on Bestor. \$249,000 **Debbie Rowe**



Lovely unit in heart of CHO near Garden district area. Open living & dining room. Delightful porch. \$249,999

Karen Goodell



Central A/C, lots of storage.

\$193,500

Karen Goodell

SALE PENDING 40-44 Ramble #6 - 0 BR/1 BA This end-unit efficiency is bright &

cheerful, located steps away from the

center of CHQ!

\$189,900

Ruth Nelson



hardwood floors. Offered furnished.

\$189,000

Debbie Rowe



Heather Shea-Canaley



Timeshare Intervals for Sale



week timeshare – week 3 Split level layout, open flr plan, furnished. \$32,000 Tena Dills



20 Elm Ln. #B5 Interval 6/7 ! week timeshare – week (& 7. 2 BR & loft, 2.1 BA, gas fireplace, 2 porches. \$15,000 Hanna Soffel-Briggs



\$10,000

Becky Colburn

20 Elm Ln. #B3 Interval 10 Labor Day getaway! Spl level, 2 porches. \$5,000



\$5,000

Debbie Rowe





2 week timeshare, Labor Day getaway! Split level layout, 2 private porches \$1,500 Debbie Rowe







Lic. R.E. Salesperson 716.499.3054



Lynne Gruel Lic. R.E. Salesperson 716,720,1977 716.708.9980



Jan Friend-Davis Lic. R.E. Salesperson 716.664.0672

716.640.6507



716.450.4319



Lic. R.E. Salespers 716.708.5000

William 'Bill' Soffel

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9:00 ECUMENICAL WORSHIP. "Enough

Is Enough." The Rev. John C.

Dorhauer, general minister and

president, United Church of Christ.

PROGRAM

AUGUST 25

- ••• Culinary Week Day 2: St. James Italian Festival Pon-un, Vendors open from 12 p.m. to 8 p.m. Miller Park, near Miller Bell Tower
- Last day for "Materials Redefined" exhibition.
- Sunrise Kayak & Paddleboard. Sign up with payment one to two days before event at 716-357-6281 or sportsclub@chq.org. Sports Club
- 7:00 (7-11) Farmers Market

Building

on the **Foundation**

(7-9) "Dawn Patrol" Round Robin Doubles. (Programmed by the Chautauqua Tennis Center.) Chautauqua Tennis Center

- 7:30 (7:30-8:30) Mystic Heart **Meditation: Spiritual Practices** of World Religions. Leader: David Gluck (Hindu-Based Meditation). Donation. Marion Lawrance Room, 2nd floor, Hurlbut
- 8:00 Daily Word Meditation. (Programmed by Unity of Chautaugua.) Hurlbut Church
- Catholic Mass. Episcopal Chapel of the Good Shepherd
- (8-8) Vaccination Verification Station Hours. For admittance to Amphitheater and Performance Pavilion on Pratt vaccinated seating. Bring gate pass, photo ID and vaccination card or photo of vaccination card. Main Gate Welcome Center
- (8:30-8:35) Chautauqua Prays For Peace Through Compassion. Hall of Missions Grove
- 9:00 ECUMENICAL WORSHIP. "The Wound Healed Lightly." The Rev. John C. Dorhauer, general minister and president, United Church of Christ. Amphitheater

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You have taken away my

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for winter.

canoe or kayak

how to prep,

with joy.

sorrow and surrounded me

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or paddle on down.

- 9:00 Science Group Presentation. (Programmed by the CLSC Science Circle.) "Iron with Cyanide and Carbon Monoxide: The First Extraterrestrial Transition Metal Complexes." Steven Koch. **Hurlbut Sanctuary and Zoom** (chautauguascience.com)
- (9-3) Vaccination Verification Station Hours. For admittance to Amphitheater and Performance Pavilion on Pratt vaccinated seating. Bring gate pass, photo ID and vaccination card or photo of vaccination card. Bestor Plaza Visitors Center
- (9-11) Vaccination Verification Station Hours. For admittance to Amphitheater and Performance Pavilion on Pratt vaccinated seating. Bring gate pass, photo ID and vaccination card or photo of vaccination card. Amphitheater Screen House
- 10:00 Service of Blessing and Healing. **UCC Randell Chapel**
- 10:30 CHAUTAUQUA LECTURE SERIES. Keisha N. Blain, editor, Four Hundred Souls: A Community History of African America. 1619-2019. Amphitheater
- 10:30 (10:30-12) Morning Doubles. (Programmed by the Chautauqua Tennis Center.) Email tennis@chq. org the day before to secure your spot. Chautauqua Tennis Center 12:00 Women in Ministry. UCC Randell
- 12:00 Brown Bag. (Programmed

- by Quaker House.) "Quaker Perspectives on Resijence" Young people from Belize Friends Church. Quaker House, 28 Ames and Zoom (email friend@quakerschq.org)
- 12:00 (12-5) Gallery Exhibitions Open. Fowler-Kellogg Art Center and Strohl Art Center
- 12:00 (12-2) Flea Boutique. (Programmed by the Chautauqua Women's Club.) Shoppers limited to 12 at a time in 15-minute increments. Behind Colonnade
- 12:00 Catholic Mass. Episcopal Chapel of the Good Shepherd
- 12:00 Twelve Step Meeting. Marion Lawrance Room, Hurlbut Church
- 12:00 (12-2) Play CHQ. (Programmed by Youth and Family Programs.) Sugar Dough with Cornell Cooperative Extension. Timothy's Playground, Miller Park
- 1:00 INTERFAITH LECTURE SERIES. "Get Up and Go On – Together." Diana Butler Bass, author, Freeina Jesus: Rediscoverina Jesus as Friend, Teacher, Savior, Lord, Way and Presence. **Amphitheater**
- (1-4) CWC Artists at the Market. Farmers Market
- Docent Tours. Meet at Fowler-1:00 Kellogg Art Center
- English Lawn Bowling. Bowling
- Language Hour. CWC House 2:00 (2-3) Community Relations
- Drop-In. Amit Taneja, senior

- vice president, Chief Inclusion, Diversity, Equity and Accessibility Officer, Blue tent on Bestor Plaza
- (2:30-4:30) Afternoon Doubles. (Programmed by the Chautaugua Tennis Center.) Email tennis@chq. org the day before to secure your spot. Chautauqua Tennis Center
- 2:30 Mah Jongg. Sports Club
- 4:00 TREES! (Programmed by the Bird, Tree & Garden Club.) Jack Gulvin, forester. Off-trail walking is included. Meet at the lakeside patio of Smith Wilkes Hall
- (4-6) **Play CHQ.** (Programmed by Youth and Family Programs.) Youth Succulent Session, All ages, The Mobile Garden
- 5:00 (5-6) Kids Clinic. (Programmed by the Chautaugua Tennis Center.) Chautauqua Tennis Center
- 6:30 Positive Path for Spiritual Living. (Programmed by Unity of Chautauqua.) Facebook and Zoom
- **Chautauqua Property Owners Association POWR Reception.** Athenaeum Hotel Porch
- 7:00 Christian Science Service. Christian Science Chapel
- 8:15 SPECIAL. Clarice and Sérgio Assad: An Evening of Brazilian Jazz Vocals, Samba and Guitar, **Amphitheater**



Culinary Week Day 3. Vendors open from 12 p.m. to 2 p.m and 4 p.m. to 8 p.m. Miller Park, near Miller Bell Tower

Last day for "Improvising:

- **New Photographs by Julie** Blackmon" exhibition.
- Last day for "CVA School of Art Participant Exhibition."
- (7-11) Farmers Market
- (7-9) "Dawn Patrol" Round Robin Doubles. (Programmed by the Chautauqua Tennis Center.) Chautaugua Tennis Center
- 7:30 (7:30-8:30) Mystic Heart **Meditation: Spiritual Practices** of World Religions. Leader: David Gluck (Hindu-Based Meditation). Donation. Marion Lawrance Room, 2nd floor, Hurlbut Church
- 8:00 Daily Word Meditation. (Programmed by Unity of Chautaugua.) Hurlbut Church
- Catholic Mass. Episcopal Chapel of the Good Shepherd
- (8-8) Vaccination Verification Station Hours. For admittance to Amphitheater and Performance Pavilion on Pratt vaccinated seating. Bring gate pass, photo ID and vaccination card or photo Welcome Center
- (8:30-8:35) Chautaugua Pravs For Peace Through Compassion.

- Amphitheater 9:00 (9-3) Vaccination Verification Station Hours. For admittance to Amphitheater and Performance Pavilion on Pratt vaccinated seating. Bring gate pass, photo
- ID and vaccination card or photo of vaccination card. Bestor Plaza Visitors Center (9-11) Vaccination Verification Station Hours. For admittance to Amphitheater and Performance Pavilion on Pratt vaccinated seating. Bring gate pass, photo ID
- vaccination card. Amphitheater Screen House 9:00 (9-10) Morning Clinic. (Programmed by the Chautaugua Tennis Center.) Chautauqua Tennis

and vaccination card or photo of

- 10:00 Service of Blessing and Healing. **UCC Randell Chapel**
- 10:30 CHAUTAUQUA LECTURE SERIES. Evan Osnos, staff writer, The New Yorker. Amphitheater
- 10:30 (10:30–12) **Morning Doubles.** (Programmed by the Chautaugua Tennis Center.) Email tennis@chq.org the day before to secure your spot. Chautauqua Tennis Center
- 12:00 Catholic Mass. Episcopal Chapel of the Good Shepherd 12:00 (12-5) Gallery Exhibitions Open.
- Fowler-Kellogg Art Center and Strohl 12:00 (12-2) Play CHQ. (Programmed by

Youth and Family Programs.) DIY

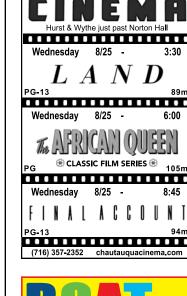
Ice Cream with Cornell Cooperative

- Extension, Bestor Plaza 12:15 Authors' Hour. (Programmed by the Friends of the Chautaugua Writers' Center.) Robin Stevens, author, The Edge of Yesterday. Fred Zirm
- information, visit chq.org/fcwc. Zoom (1-4) CWC Artists at the Market. Farmers Market

author. Object Lessons. For more

- Duplicate Bridge. Fee. Sports Club
- Meet the Filmmaker Event. "Marshall." Chautauqua Cinema
- English Lawn Bowling. Bowling
- Nature Walk. (Programmed by the Bird, Tree & Garden Club.) Jack Gulvin, naturalist, This Walk may go off-trail to discover seasonal flora. Meet at the lakeside patio of Smith
- (2-3:30) Community Relations Drop-In. Shannon Rozner, senior vice president, community relations and general counsel. Blue tent on Bestor Plaza
- (2:30-4:30) Afternoon Doubles. (Programmed by the Chautaugua Tennis Center.) Email tennis@chq.org the day before to secure your spot. Chautauqua Tennis Center
- Reading to Lola. Children 5 and up invited to read to Lola the library dog. (Weather pemitting.) Smith Memorial Library
- (4-6) Play CHQ. (Programmed by Youth and Family Programs.) The Lemonade War and other CLSC Young Readers Books: Making Lemonade. All ages. Timothy's Playground, Miller Park
- **Culinary Week Musical** Performance. Osborn Nash Duo. Miller Park, near Miller Bell Tower
- 5:00 Worship Sharing. Quaker House
- (5-6) Kids Clinic. (Programmed by the Chautaugua Tennis Center.) Chautaugua Tennis Center
- 8:15 SPECIAL. Old Crow Medicine Show. (Reserved seating; purchase tickets at tickets.chg.org, or by visiting Ticket Office, Visitors Center or Amphitheater screen house during ticketing hours.) Amphitheater

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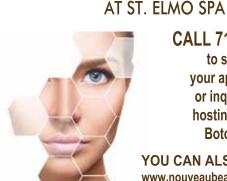


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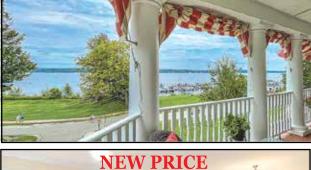
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